



**About Italy all information based on Cooperativa Marcella-Website (see below):**

<b>The Euridice model</b>	
<b>Alcohol and drug abuse prevention at the workplace in Italy</b>	
<b>Background Euridice</b>	<ul style="list-style-type: none"><li>- There exists no drug addiction prevention programme for the workplace.</li><li>- At the beginning in 1989, around 50% of the people in care in the drug unit were employed (methadone/hard drugs, not considering soft or synthetic drugs).</li><li>- To fill the gap in the policy of public intervention on drug addiction in the workplace</li><li>- To promote the idea that the workplace is a specific and ideal setting in which to implement prevention programmes</li><li>- <b>In Italy, EURICIDE implemented the project in more than 140 enterprises.</b></li></ul>
<b>Aims of the project</b>	<ul style="list-style-type: none"><li>- Identifying the specific reality and adapt the model in accordance to its needs</li><li>- Increasing workers' competencies and understanding</li><li>- Promoting help and training</li><li>- Linking the workplace with the resources available outside</li></ul>
<b>Key aspects of an integrated model</b>	<ul style="list-style-type: none"><li>- Co-planned with experts and workers</li><li>- Implementation by taking into consideration needs, interests and attitudes of all workers</li><li>- Developing cooperation and social dialogue</li><li>- Implementation by using best possible effect of the expertise of researchers, experts and local agents</li><li>- Impacts will be monitored and assessed at the community level, at the enterprise level and on the workers' competencies</li><li>- Repeat and transfer only after being evaluated</li></ul>
<b>The feasibility study</b>	<ul style="list-style-type: none"><li>- Focus on the resources available locally</li><li>- Define the setting where to operate</li><li>- Start up a link between different public and local services and a steering committee for the management of the project</li><li>- Define general goals, and start planning the intervention</li><li>- Seek funding from public and private sources</li></ul>
<b>The research (Aims)</b>	<ul style="list-style-type: none"><li>- Monitoring of the perception of drug addiction in the workplace of all workers</li><li>- Getting information by a questionnaire about the way workers think, feel and act towards drug addicts and their problems</li></ul>

#### **The information phase to increase knowledge and understanding of all workers**

Information campaigns to all workers by distributing:

- Feedback from the questionnaire
- Brochure with information about drugs and addiction
- Information sheets on key concepts and aspects

#### **Training stage and topics**

Target: a group of 20 delegates and/or opinion leaders

Aims: creating a stable group of reference for fellow workers and introducing this group to an integrated model of management of diversity

Topics:

- Drugs, alcohol, smoking and related problems
- Group dynamics: information and methods how to act
- Teaching the basic components of planning a prevention programme in this field
- How to help workers in difficulty
- How to evaluate the efficacy of their own actions

#### **Intervention**

- The group of trained workers is able to carry out interventions (with the aid of the experts)
- Identifying and taking action on problems such as stress, alcoholism, psychopharmas abuse, etc
- Supporting workers, who have been in treatment, when they come back to work
- Counselling workers who want to know more about drug addiction and problems related
- Sharing information and organising training courses targeting workers
- Linking the requests for help with the health services network

#### **Evaluation phase**

- Measurement of cognitive, social and cultural changes on the culture / social factors of the enterprises
- training or learning processes

#### **Dissemination of outcomes**

- To create the basis on which to replicate
- To transfer the project through (press conferences, local workshops, National seminars and annual European seminars, websites).

#### **Management**

- Co-ordination committee composed by local health authority, city council, province, trade union organisations, Employers' association

#### **Contact:**

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