





Alcohol consumption, harm and policy response fact sheets for 30 European countries







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ABSTRACT

The 30 country fact sheets for EU Member States, Norway and Switzerland present data on consumption, harm and policy implementation for the year 2016, aiming to give guidance to national decision-makers for further priority-setting in the field of alcohol and public health. Besides trends in alcohol consumption, each fact sheet features a section on alcohol consumption and alcohol-attributable harm, with special attention to young people, and a section on the implementation of key alcohol control policies, including the three WHO "best buys" – price increase, limits on availability and bans on advertising of alcohol. This allows for a quick overview of important subsets of alcohol policy measures that will support countries to assess their own progress towards reducing the burden of noncommunicable diseases and their key risk factors. The fact sheets also present, for the first time, an individual overview of the composite indicator scores of the 10 areas of action to reduce the harmful use of alcohol.

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ABBREVIATIONS

DALY disability-adjusted life-years

EAPA European action plan to reduce the harmful use of alcohol 2012–2020

EISAH European Information System on Alcohol and Health

EU European Union

EU+ European Union Member States, Norway and Switzerland EUSAH European Union Information System on Alcohol and Health

YLD years lived with disability

YLL years of life lost



PART 1 A GUIDE TO THE COUNTRY FACT SHEETS



BACKGROUND

In 2011, the WHO European Region adopted the *European action plan to reduce the harmful use of alcohol 2012–2020* (EAPA), putting emphasis on the importance of alcohol as a public health priority and endorsing action to reduce harmful alcohol consumption and the associated health burden. The action plan offered a range of evidence-based policy options to reduce the harmful use of alcohol and defined 10 areas of action (1). Through joint collaboration with the European Commission, countries have been supported to collect data and ensure harmonization across key indicators described in the EAPA. This collaboration has strengthened national monitoring systems for assessing changes in alcohol consumption and alcohol-related harms, identifying effective and ineffective policy measures, and feeding into revisions of national alcohol-related plans and strategies. The European Union (EU)/WHO joint collaboration also contributed to the further development of the European Information System on Alcohol and Health (EISAH) and parallel EU Information System on Alcohol and Health (EUSAH), which contain the latest available data on levels and patterns of alcohol consumption, alcohol-attributable harm and policy responses, and from which national data can be extracted.

In this publication, 30 country fact sheets for EU Member States, Norway and Switzerland (referred to as the EU+) are presented. They provide national-level indicators on consumption, harm and policy implementation for the year 2016, aiming to give guidance to local decision-makers for further priority-setting in the field of alcohol and public health. As European countries face different challenges in relation to different aspects of alcohol consumption, drinking patterns and harm, country profiles on alcohol and health can support countries in choosing the most effective measures and implementing strategies that will help address country-specific needs.

The publication highlights selected indicators. Besides trends in alcohol consumption, each country fact sheet features a specific section on alcohol consumption and alcohol-attributable harm, with special attention to young people (age groups 15–19 and 20–24). This section provides national policy-makers with an instrument to review the current situation in this vulnerable group of drinkers in their local context and assess the need for action. There is also a detailed section on the implementation of key alcohol control policies, including the three WHO "best buys" – price increase, limits on availability and bans on advertising of alcohol. These descriptive data provide a quick overview of important subsets of alcohol policy measures that will support countries to assess their own progress towards achieving targets aimed at accelerating action to reduce the burden of major noncommunicable diseases and their key risk factors. The country fact sheets also present, for the first time, an individual overview of the composite indicator scores of the 10 areas of action defined by the EAPA at country level.

The fact sheets therefore allow countries to put the presented national information in regional perspective and inform local policy-makers on where they stand internationally, not only in terms of alcohol consumption and alcohol-related harm, but also on rate of implementation of cost-effective, evidence-based policies to reduce consumption and harm. More detailed information on aggregated indicators of alcohol consumption, mortality and policy measures in the 30 European countries, as well as an in-depth discussion of them, can be found in the main report (3).

By generating information on the current state of alcohol consumption, harm and policies, the country fact sheets allow more successful benchmarking and comparisons of national policies. This will assist in holding governments accountable for their role in alcohol control efforts, emphasizing the urgent need for action and boosting the public voice in support of increased government action to reduce alcohol consumption and attributable harm.



METHODOLOGY

The methodology for alcohol consumption and alcohol-attributable harm is the same as that used in the *Global status* report on alcohol and health 2018 (2).

DATA ON ALCOHOL CONSUMPTION AND HARM

The most important data sources for alcohol-related information is the WHO Global Survey on Alcohol and Health, the last iteration of which was conducted in 2016 in collaboration with all six WHO regional offices¹ and the European Commission (in countries of the EU). The Global Survey on Alcohol and Health addresses the situation at national level in a given country with additional questions and space for comments on subnational specificities.² As described below, data from the United Nations Population Division and the World Bank have been crucial in presenting alcohol-related information by gender or income level.

Several sources were utilized for the data on alcohol use. Official data on recorded alcohol per capita (15+ years) consumption supplied by the respective Member States were given priority. Twenty-four of the 30 EU+ countries had such governmental data on consumption, which constitutes the region with the highest availability (global overview, see WHO (4)). If these data were not available, data from economic operators³ were used; when these data were not consistently available, data supplied by the Food and Agriculture Organization of the United Nations statistical database were used.

When data for recorded per capita consumption of alcohol were not available for 2016 or 2017, data since 2012 were projected using a linear regression model.

Consumption of unrecorded alcohol (alcohol that is not taxed in the country where it is consumed because it is usually produced, distributed or sold outside the formal channels under government control) was estimated as a percentage of total alcohol use. Country-level proportions of unrecorded alcohol use were estimated using a regression analysis included all WHO Member States globally, using survey data (STEPwise approach to surveillance (5)) and national expert judgements as data sources.

Data for tourist estimations were obtained from the Institute for Health Metrics and Evaluation, which has based its calculations on the World Tourism Organization (6).

Total per capita alcohol use was then estimated by adding recorded and unrecorded alcohol use and tourist alcohol use.

The main sources for data on alcohol drinking status (lifetime abstainers, former drinkers and past 12-month abstainers) and heavy episodic drinking were published survey reports or multicountry, nationally representative surveys, including, but not limited to, the STEPwise approach to surveillance (5) and Gender, Alcohol and Culture: an international study (7). The main sources of data on young people (15–19 years) were the Global School-based Student Health surveys (8) and the European School Survey Project on Alcohol and Other Drugs (9).

Data on drinking status and the prevalence of heavy episodic drinking were modelled using regression models. These used data collected through a systematic search of all survey data on the previously mentioned measures of interest.

Deaths, years of life lost (YLL), years lived with disability (YLD) and disability-adjusted life-years (DALYs) were obtained from the WHO Health Estimates (10) by cause, age, sex, and year (2010 and 2016). To match age-standardization data, deaths, YLL, YLD and DALYs lost were aggregated into the following age groups: 0–4, 5–9 and so on until 80–84, and 85 years of age and older.

¹ WHO regional offices for Africa, the Americas, Europe, the Eastern Mediterranean, South-East Asia and the Western Pacific.

² Data for the United Kingdom refer mainly to England and Wales.

³ Canadean; International Wine and Spirits Research; Organisation Internationale e la Vigne er du Vin; The Wine Institute.

For a detailed description on data analysis and estimation of alcohol consumption and alcohol-attributable harm, please see the online resource that accompanies the main report (3).

DEMOGRAPHIC DATA

The population data in this publication are obtained primarily from the United Nations Population Division and refer to the total adult (15+) population, with data for males and females shown separately where available. In the tables and figures presenting results by WHO regions and the world, data are weighted for the population size of the countries in these regions. Population age-standardized rates are based on the WHO standard population (11).

DATA ON POLICY RESPONSE

In 2017, the WHO Regional Office for Europe published a tool for evaluating Member States' progress towards implementing the policy measures outlined in the EAPA (2). The tool consists of 10 composite indicator scores, representing each of the 10 action areas of the EAPA. The method for calculating the EAPA scores is described in detail in *Policy in action – a tool for measuring alcohol policy implementation (12)*.

The updated aggregated scores presented in the main report are based on responses of Member States to relevant survey questions from the 2016 Global Survey on Alcohol and Health and from the 2014 ATLAS on Substance Use questionnaire. Survey data were then uploaded to regional and global alcohol databases maintained by WHO, including EISAH and the European Regional Information System on Resources for the Prevention and Treatment of Substance Use Disorders. Estimates of gross national income at purchasing power parity for 2016 were obtained from the World Bank (13). National experts nominated as contact persons for WHO were given the opportunity to validate the scores during November 2017 through February 2018. The most recent available data were used. Missing values were replaced with zero points. If a substantial portion (> 20%) of the data were missing in an action area, the composite indicator was not calculated for that country. Policy variables from the datasets were re-coded manually to achieve compatibility with the scoring scheme.

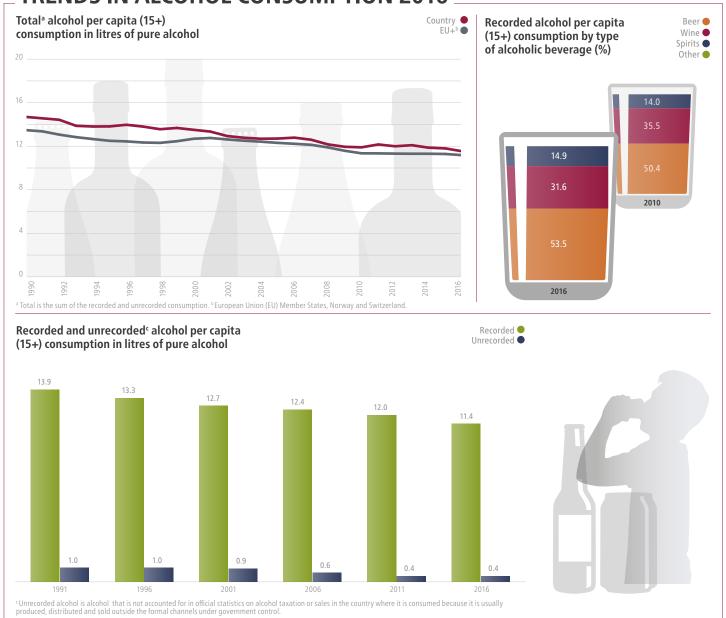
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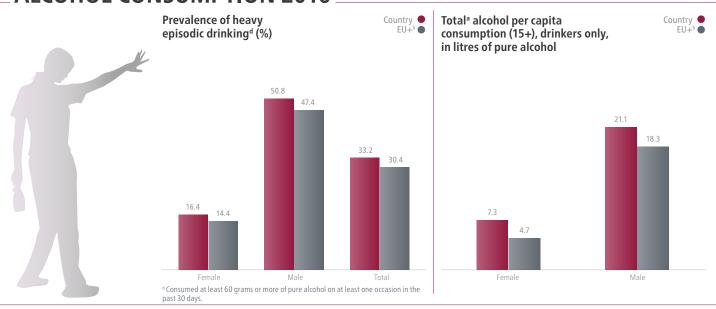
⁴ All weblinks accessed 13 November 2018.

PART 2 COUNTRY FACT SHEETS



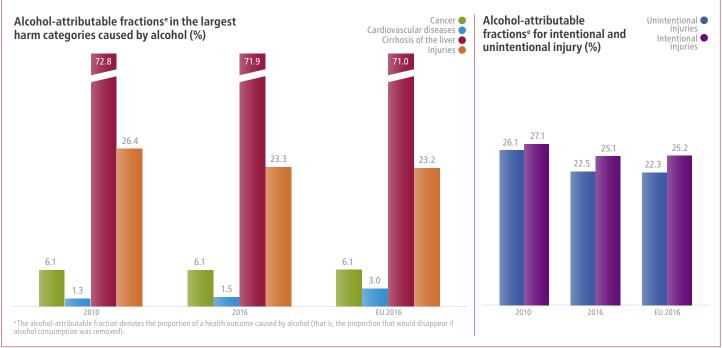


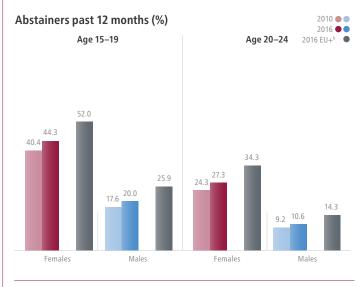


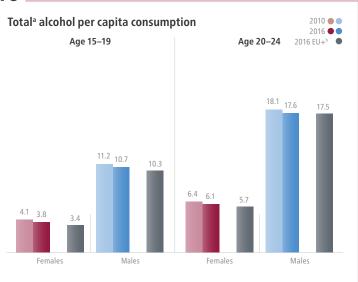


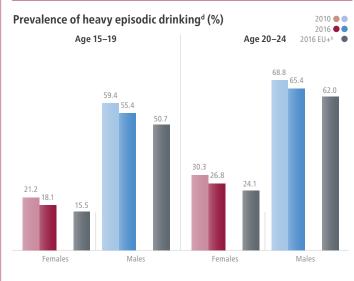
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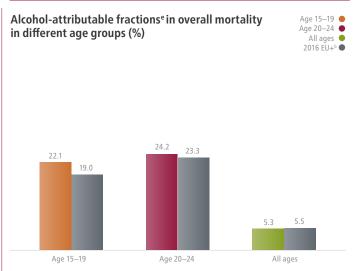














ALCOHOL POLICIES 2016

Country score in the 10 action areas of the European action plan to reduce the harmful use of alcohol 2012-2020 (maximum of 100 points)

1. Leadership, awareness and commitments on drinking and alcohol intoxication



2. Health services' response

N/A

3. Community and workplace action



4. Drink-driving policies and countermeasures





6. Marketing of alcoholic beverages



7. Pricing policies



8. Reducing the negative consequences of drinking and alcohol intoxication

9. Reducing the public health impact of illicit alcohol and informally produced alcohol



10 20 30 60 70 80 90 Note: N/A indicates scores could not be calculated due to missing data

Labelling of alcoholic beverages on container





Road-safety policies





100





Sobriety checkpoints



Health warnings

drinks displayed

Consumer information about calories and additives





Legal blood alcohol concentration limit

Sales ban at petrol stations





WHO "Best Buys"



EU+b●





Wine

AVAILABILITY

Minimium	selling age	











Restrictions OFF premise density

Restrictions OFF premise hours



Restrictions ON premise density

Restrictions ON premise hours



MARKETING

Ban on Internet/social media

Ban on below-cost promotion



Ban on sponsorship of sports events



Ban on sponsorship of youth events



PRICING

Excise tax adjusted for inflation



Minimum unit pricing

Volume discount ban (applies to all beverages)



The WHO "Best Buys" to reduce the harmful use of alcohol

- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

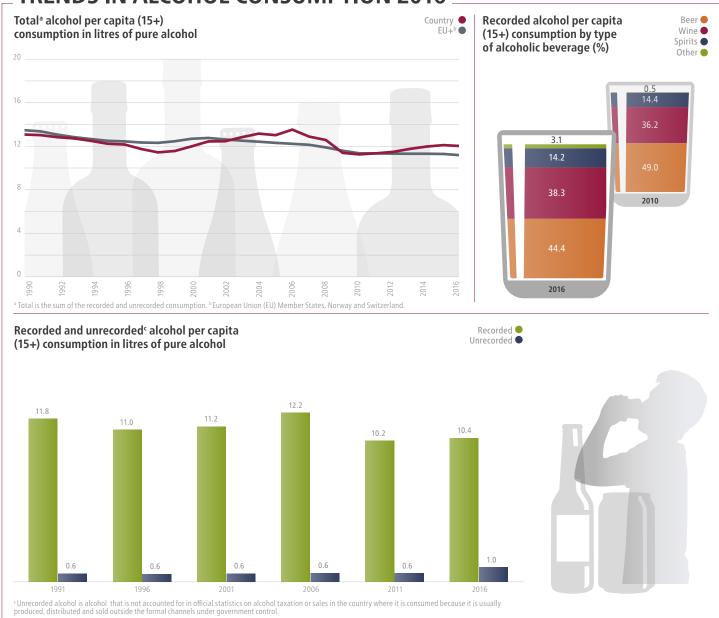
Total population
11 371 928

Population in urban areas
98%

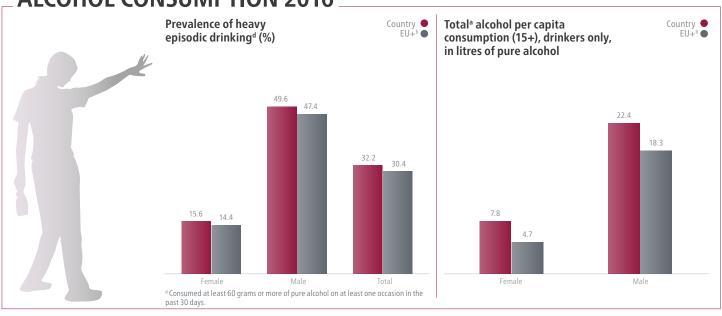
Population aged (15+)

83%
Income group (World Bank)

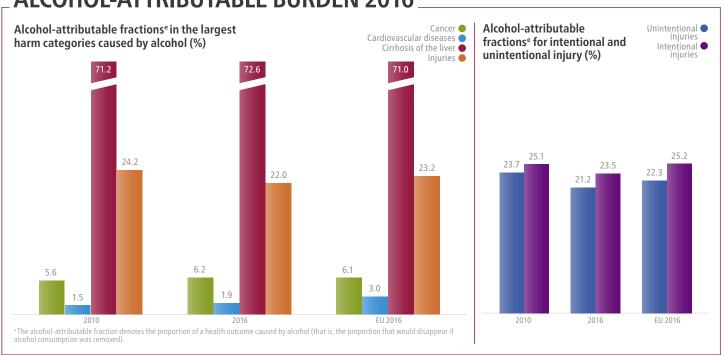
High

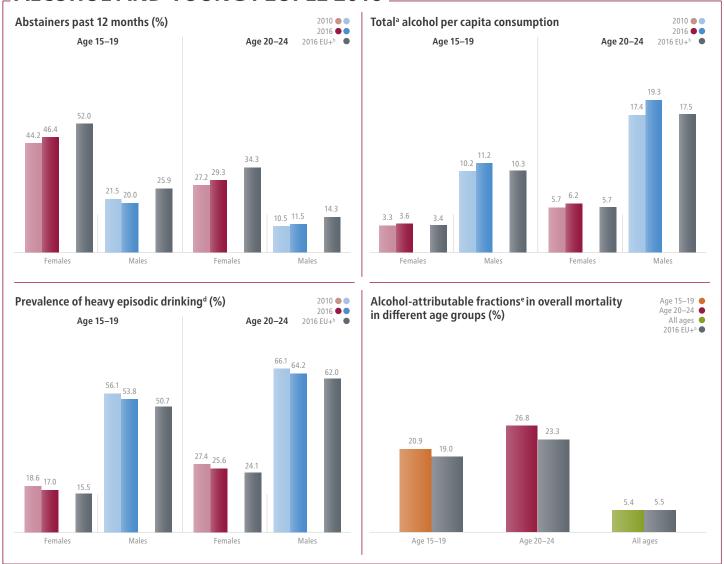












N/A

ALCOHOL POLICIES 2016

Country score in the 10 action areas of the European action plan to reduce the harmful use of alcohol 2012–2020 (maximum of 100 points) 1. Leadership, awareness and commitments on drinking and alcohol intoxication

2. Health services' response

3. Community and workplace action

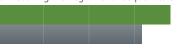
4. Drink-driving policies and countermeasures

5. Availability of alcohol

6. Marketing of alcoholic beverages

7. Pricing policies

8. Reducing the negative consequences of drinking and alcohol intoxication



9. Reducing the public health impact of illicit alcohol and informally produced alcohol

10. Monitoring and surveillance



Labelling of alcoholic beverages on container



Road-safety policies





Yes No



Random breath testing



EU+b●

WHO "Best Buys"

At the subnational level

Yes

No

AVAILABILITY

Retail monopoly

Minimium selling age

Licensing for retail sales

Consumer information about calories and additives







Health warnings

Legal blood alcohol concentration limit



Sobriety checkpoints



Sales ban at petrol stations

Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion

PRICING

Excise tax adjusted for inflation





Minimum unit pricing Volume discount ban

(applies to all beverages)

Ban on sponsorship of sports events

Ban on sponsorship of youth events

Wine

Spirits

18

Note: N/A indicates data not available.

The WHO "Best Buys" to reduce the harmful use of alcohol

- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)



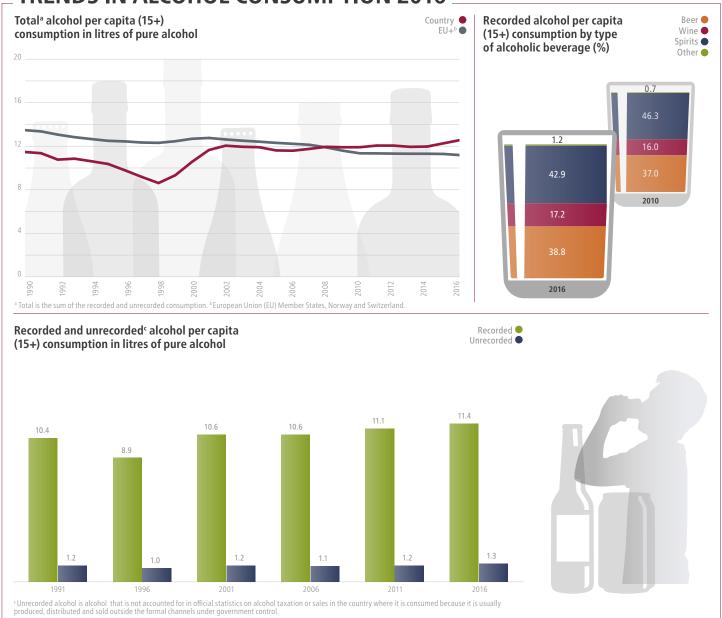




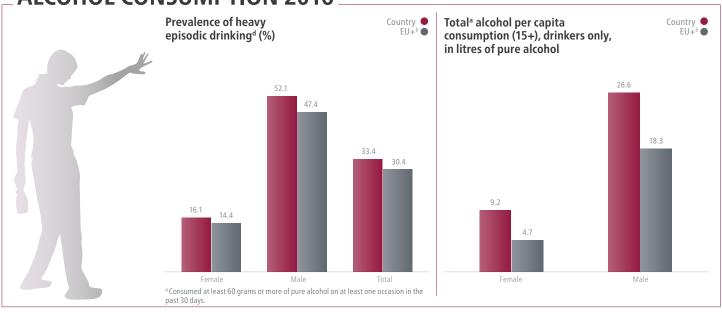


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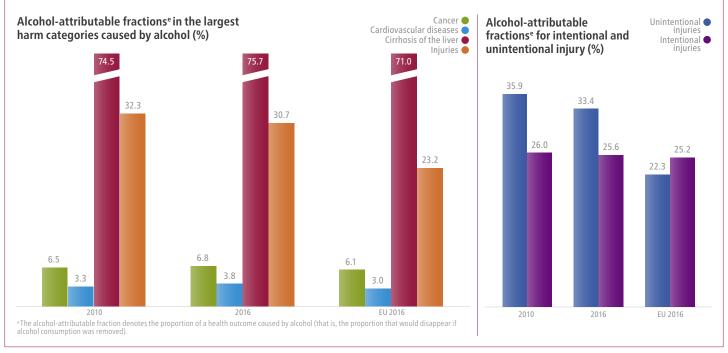
PART 2. COUNTRY FACT SHEETS

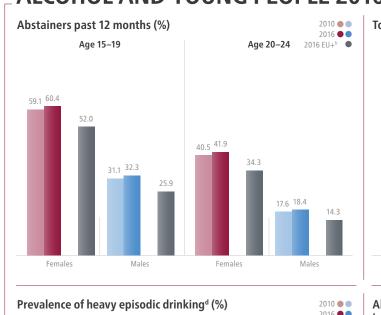


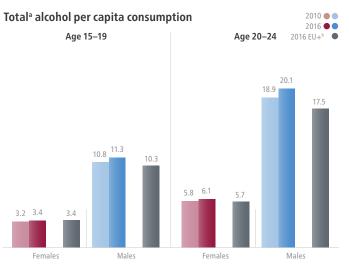


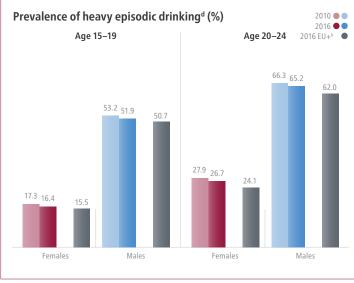


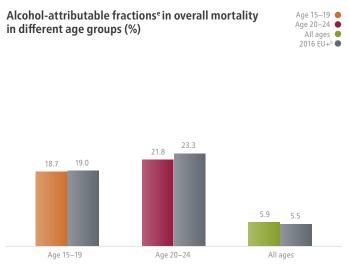












EU+b●



ALCOHOL POLICIES 2016

Country score in the 10 action areas of the European action plan to reduce the harmful use of alcohol 2012–2020 (maximum of 100 points)

1. Leadership, awareness and commitments on drinking and alcohol intoxication N/A



3. Community and workplace action

N/A

4. Drink-driving policies and countermeasures



6. Marketing of alcoholic beverages



7. Pricing policies



8. Reducing the negative consequences of drinking and alcohol intoxication



9. Reducing the public health impact of illicit alcohol and informally produced alcohol



10. Monitoring and surveillance



Labelling of alcoholic



Road-safety policies





Health warnings

Random breath testing

Sobriety checkpoints



Consumer information



Legal blood alcohol concentration limit





about calories and additives





Sales ban at petrol stations



WHO "Best Buys"

Yes No At the subnational level



Wine

Spirits

AVAILABILITY

Minimium selling age







Retail monopoly Licensing for retail sales









Restrictions ON premise hours

Restrictions ON premise density





Ban on Internet/social media



Ban on below-cost promotion Ban on sponsorship of



Ban on sponsorship of youth events

sports events



PRICING

Excise tax adjusted for inflation





Minimum unit pricing

Volume discount ban (applies to all beverages)

Note: N/A indicates data not available.

The WHO "Best Buys" to reduce the harmful use of alcohol

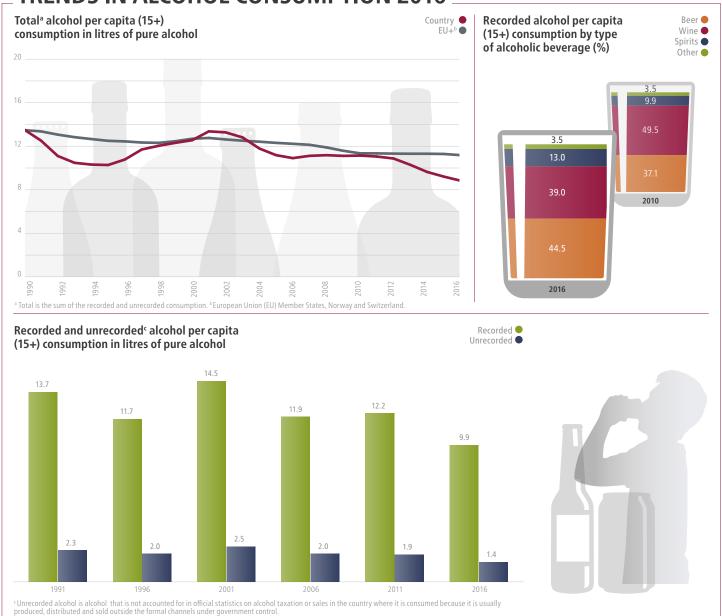
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

6

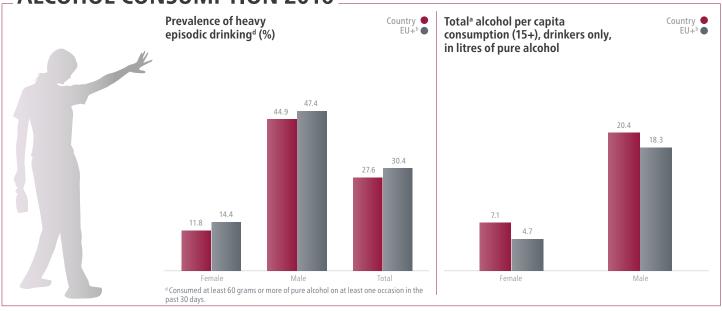


Total population
4 225 001
Population in urban areas
59%

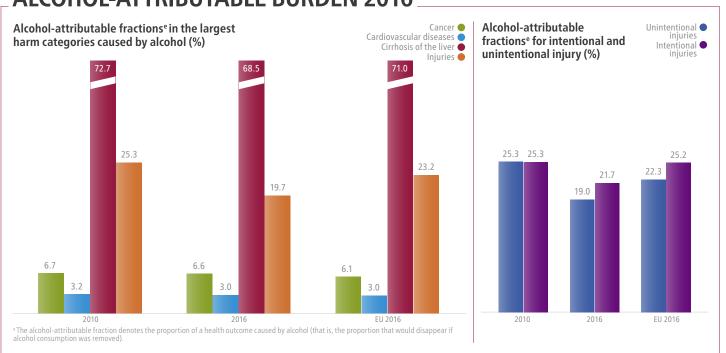
Population aged (15+) **85%**Income group (World Bank) **High**

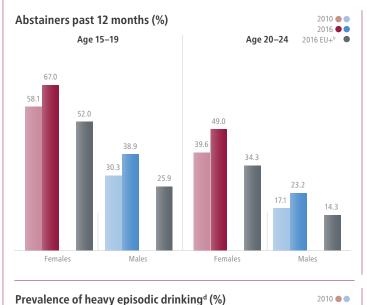


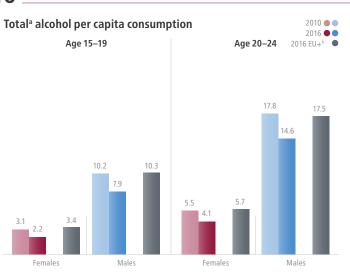


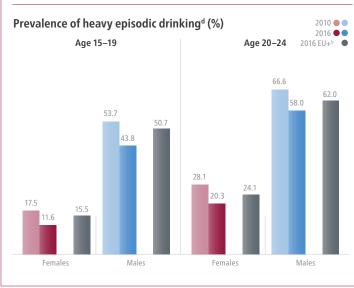


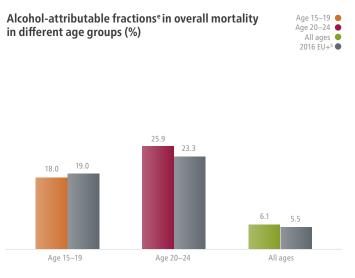












ALCOHOL POLICIES 2016

about calories and additives

Number of standard

drinks displayed



concentration limit

Sales ban at petrol stations

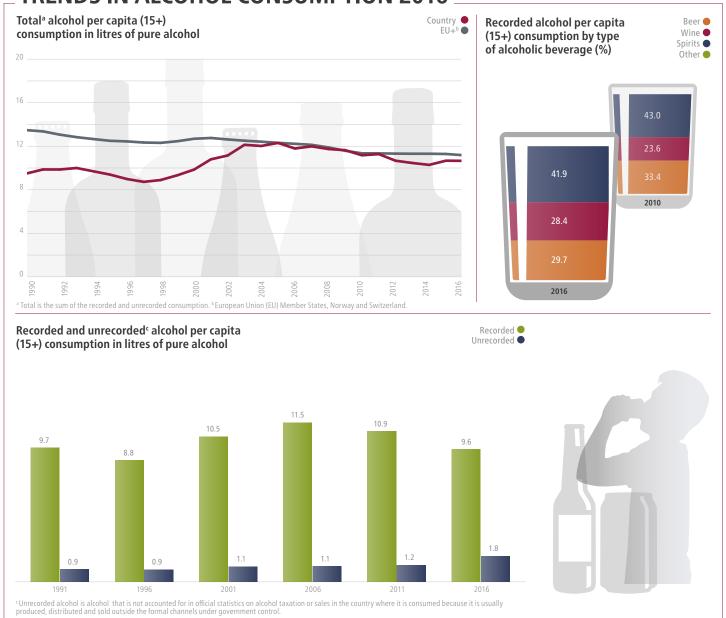
Wine

physical availability of retailed alcohol

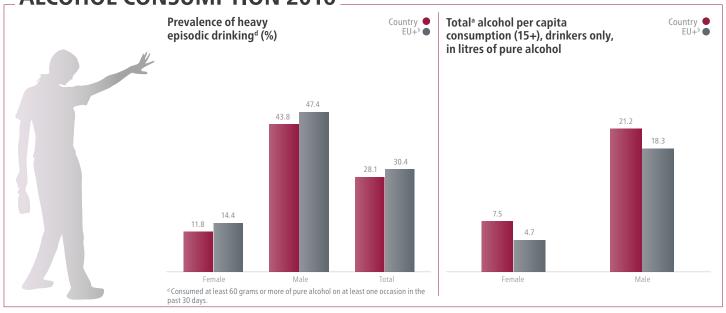
(via reduced hours of sale)

Spirits

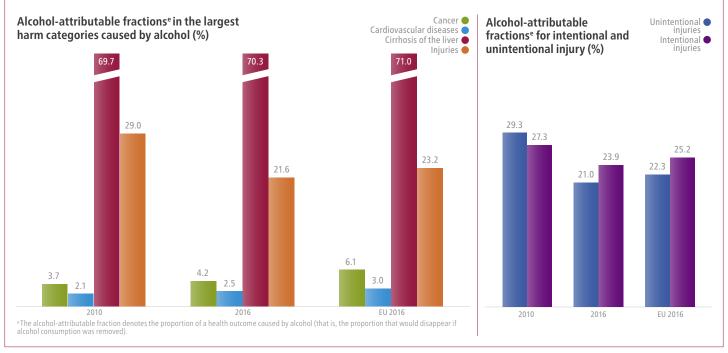
18

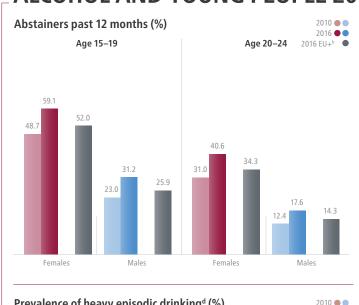


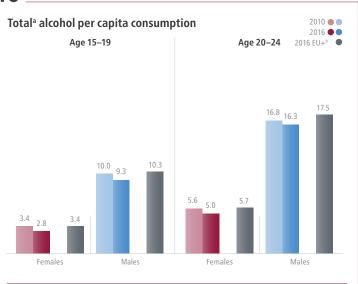


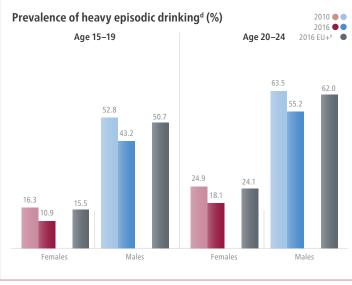


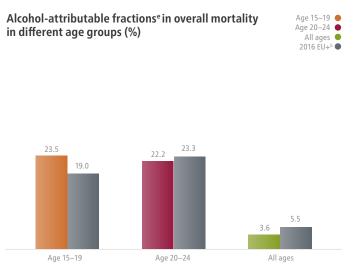










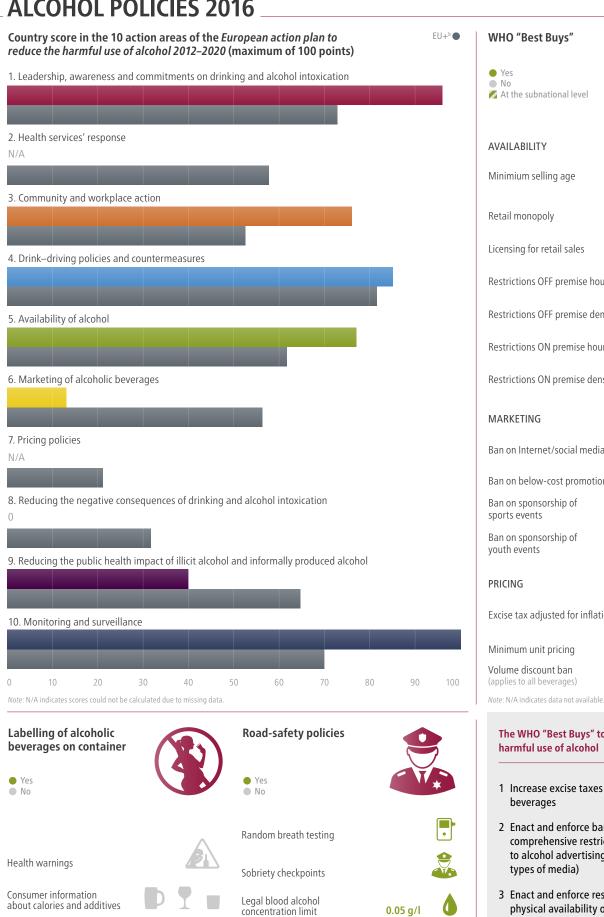




ALCOHOL POLICIES 2016

Number of standard

drinks displayed



Sales ban at petrol stations

WHO "Best Buys" Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation Minimum unit pricing Volume discount ban (applies to all beverages)

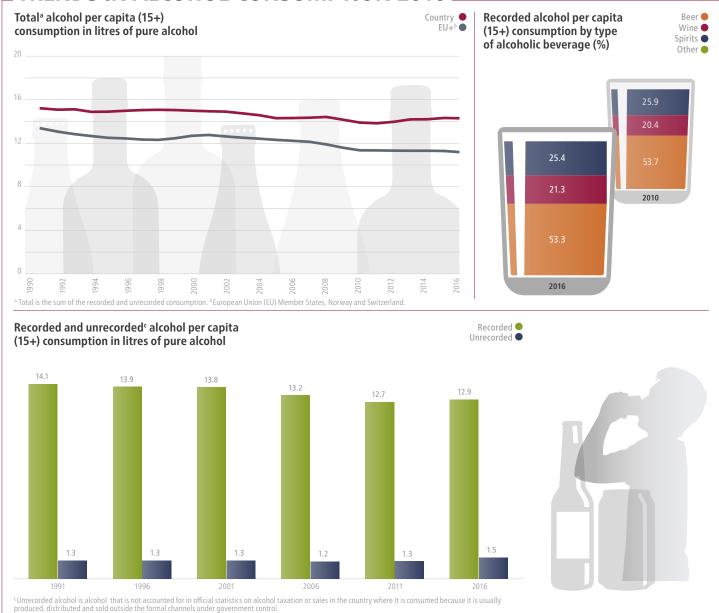
The WHO "Best Buys" to reduce the harmful use of alcohol

- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

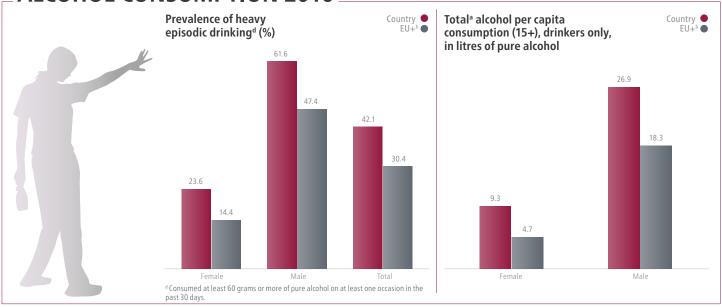
Total population
10 548 058

Population in urban areas
73%

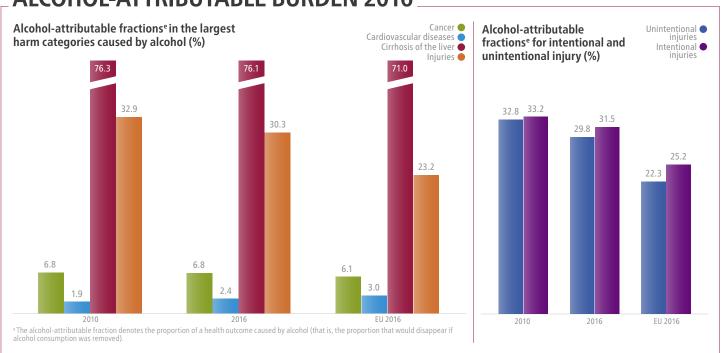
Population aged 15+ 85% Income group (World Bank) **High**

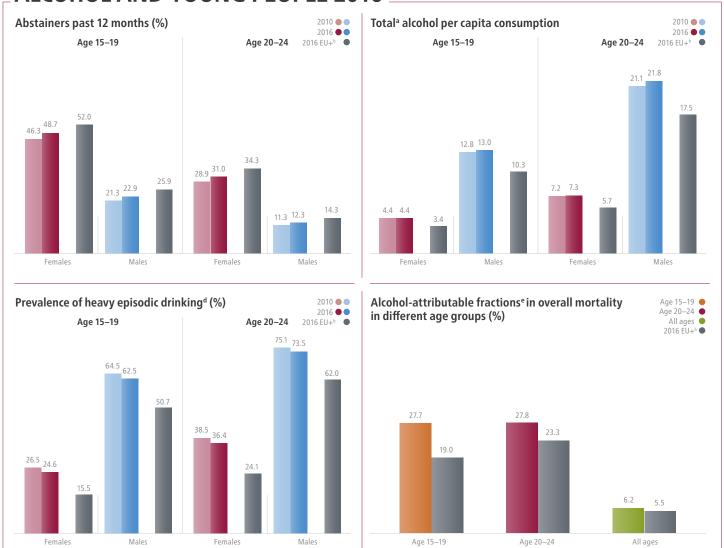






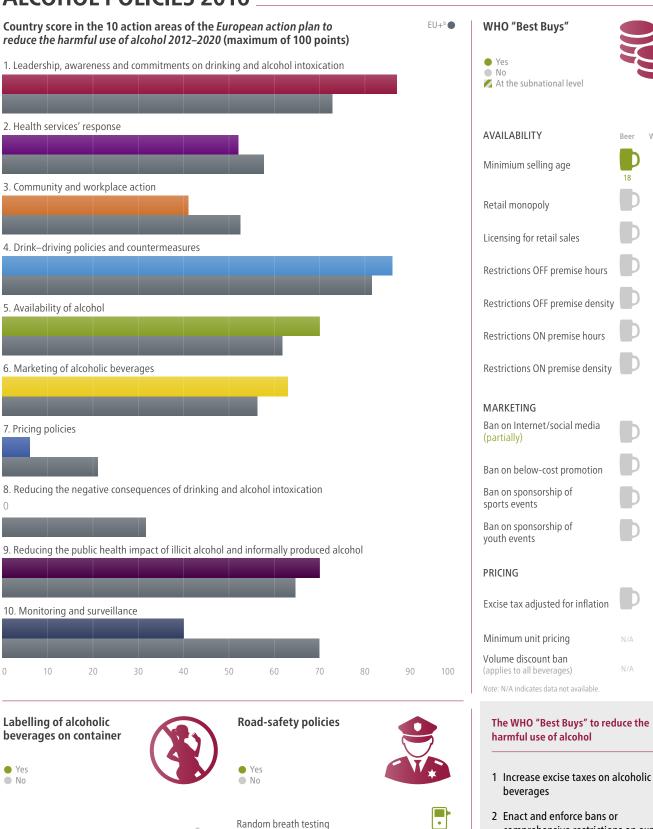








ALCOHOL POLICIES 2016



- comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)

Wine

Spirits

18

3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Health warnings

Consumer information about calories and additives













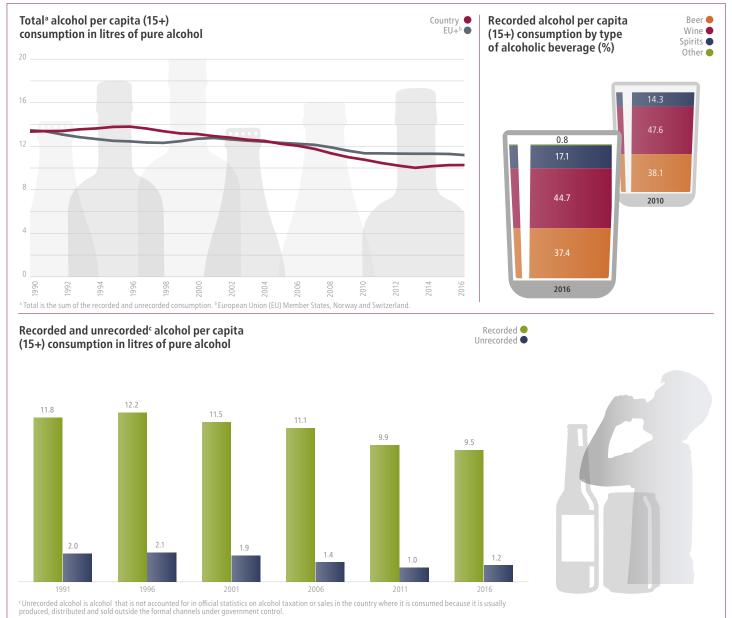
Sales ban at petrol stations

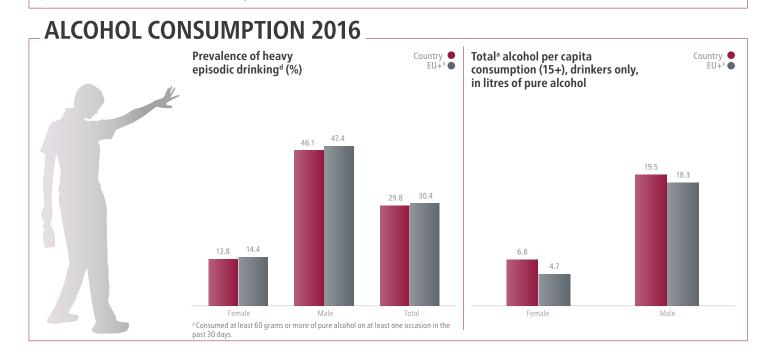
Sobriety checkpoints



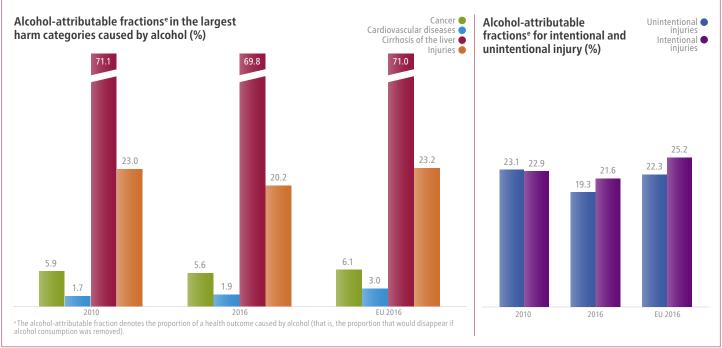


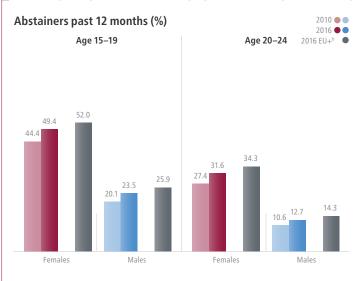


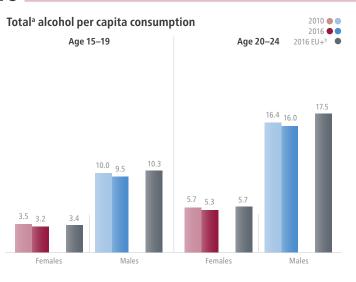


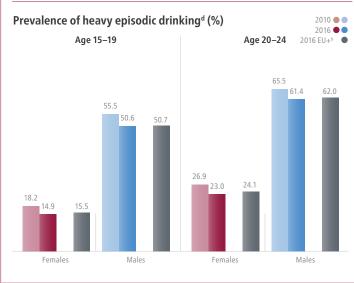


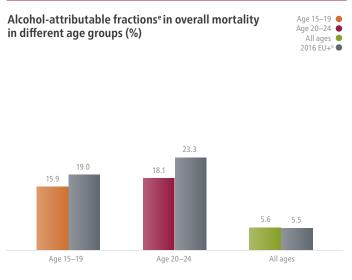












ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES



ALCOHOL POLICIES 2016

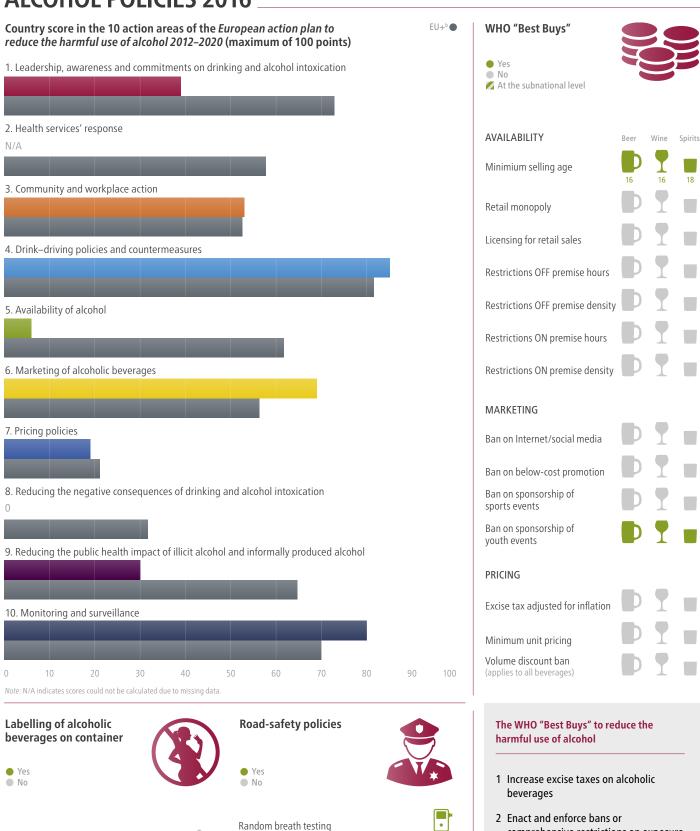
Health warnings

Consumer information

Number of standard

drinks displayed

about calories and additives



Sobriety checkpoints

Legal blood alcohol

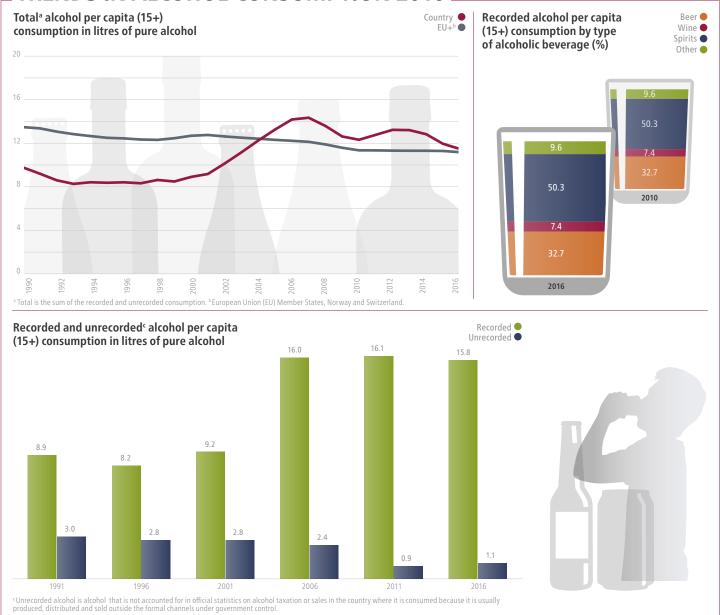
concentration limit

Sales ban at petrol stations

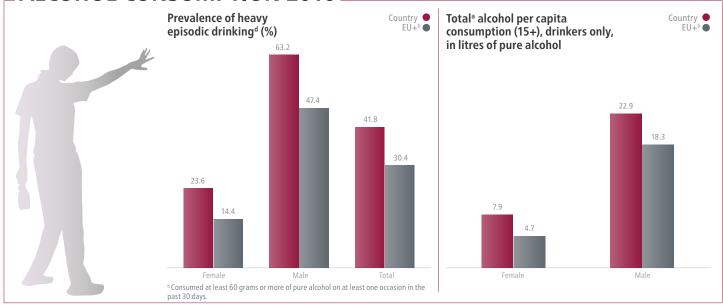
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Total population
1 309 104
Population in urban areas
68%

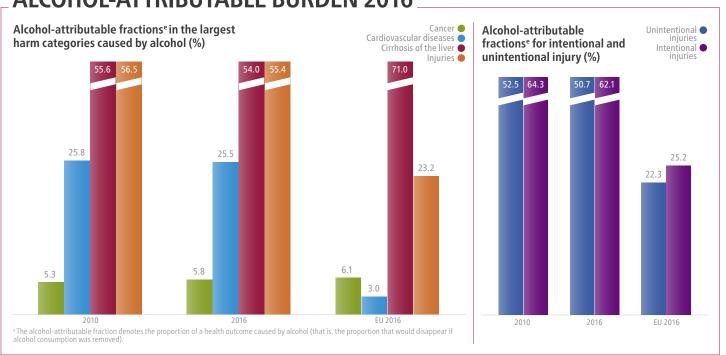
Population aged (15+) **84%**Income group (World Bank) **High**

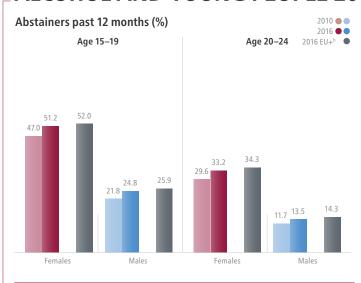


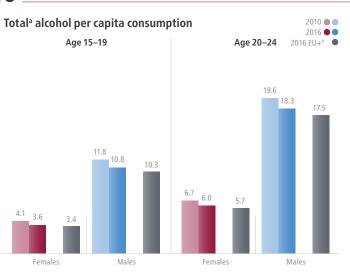


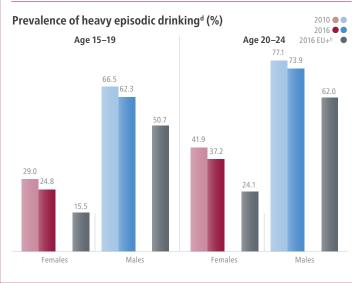


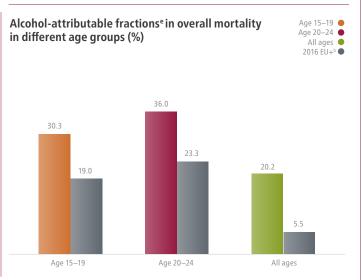




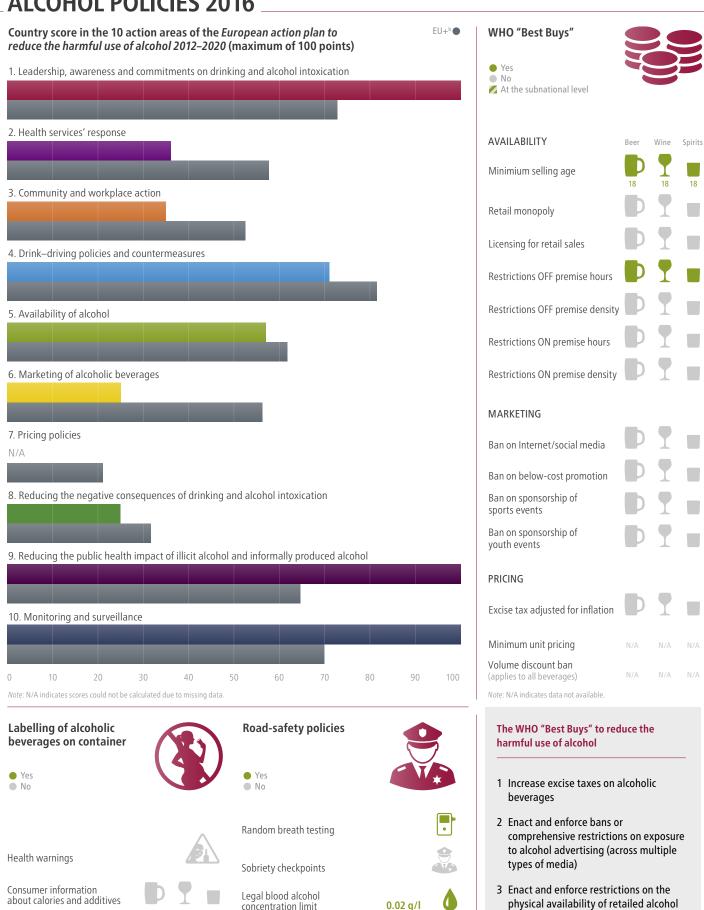








ALCOHOL POLICIES 2016



concentration limit

Sales ban at petrol stations

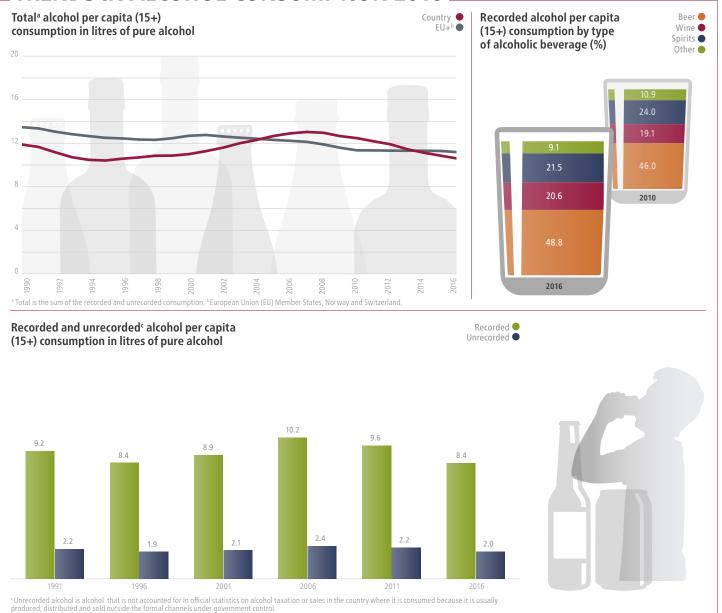
Number of standard

drinks displayed

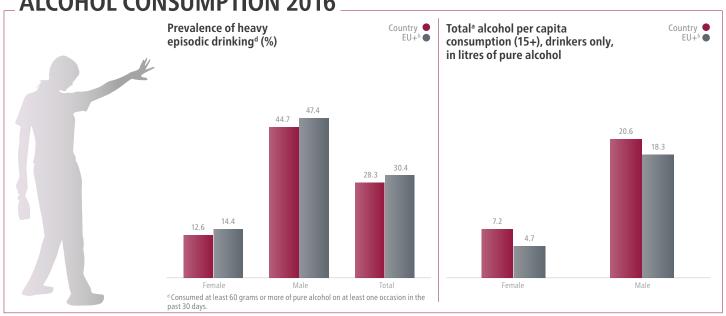
18

(via reduced hours of sale)

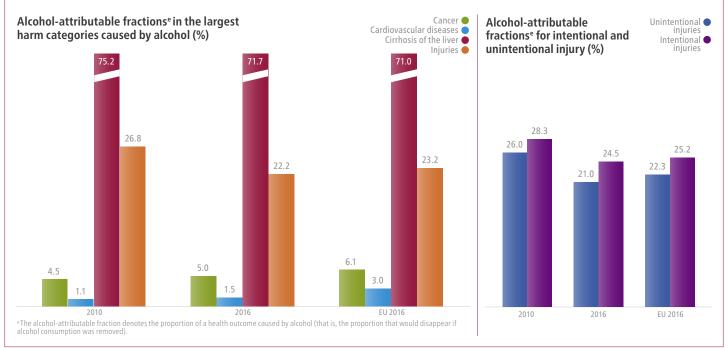


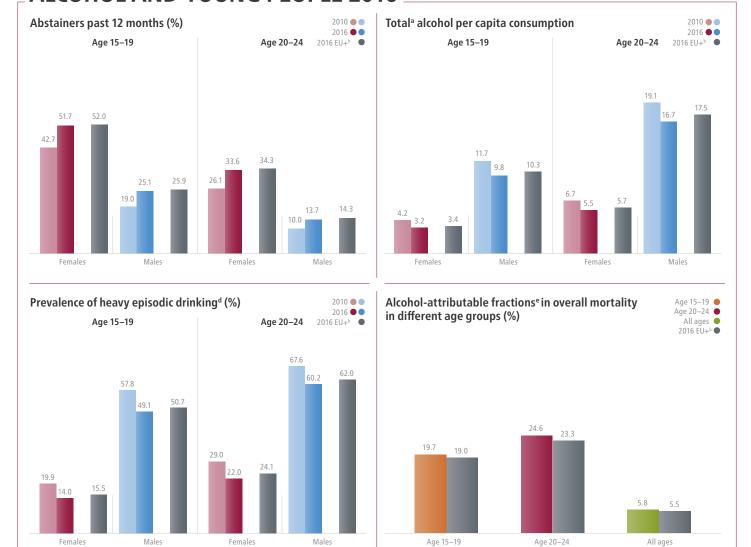








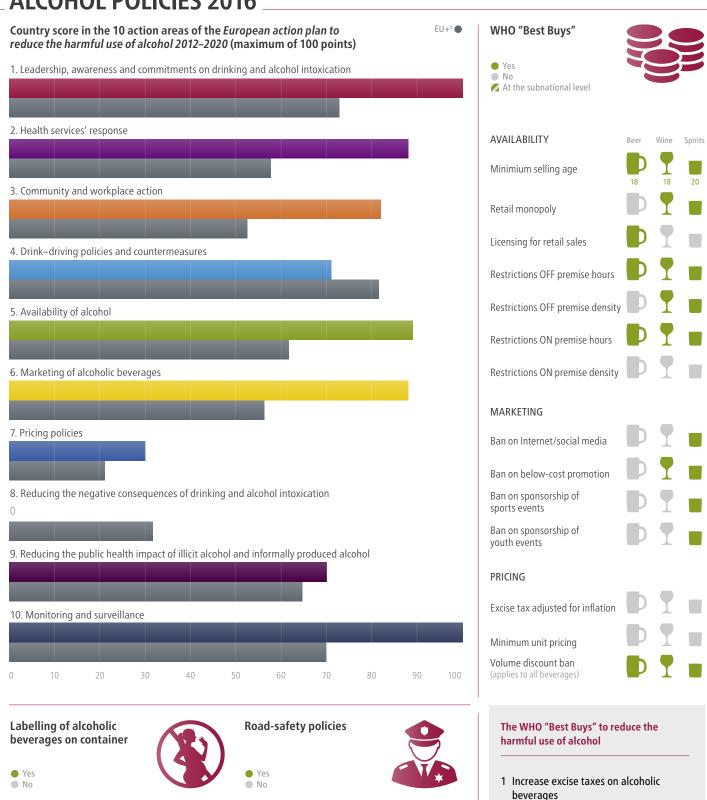




ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES



ALCOHOL POLICIES 2016







Sobriety checkpoints



Health warnings











Legal blood alcohol concentration limit



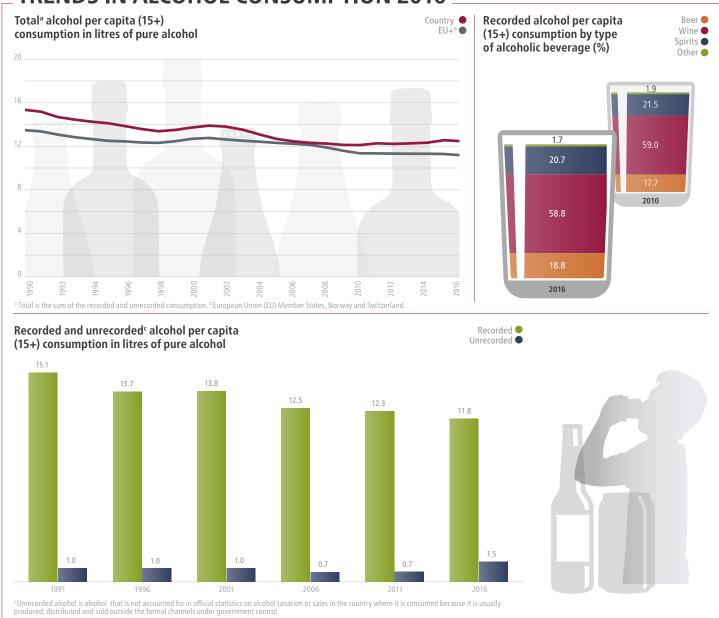




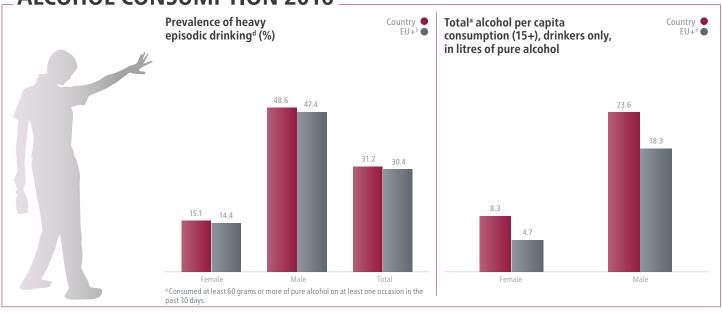
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Total population
64 668 129
Population in urban area
83%

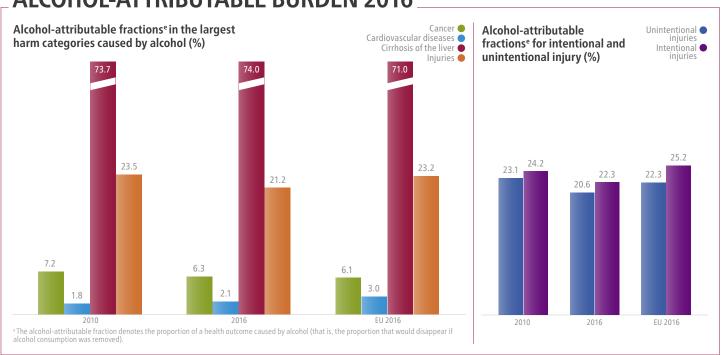
Population aged (15+) **82%**Income group (World Bank) **High**

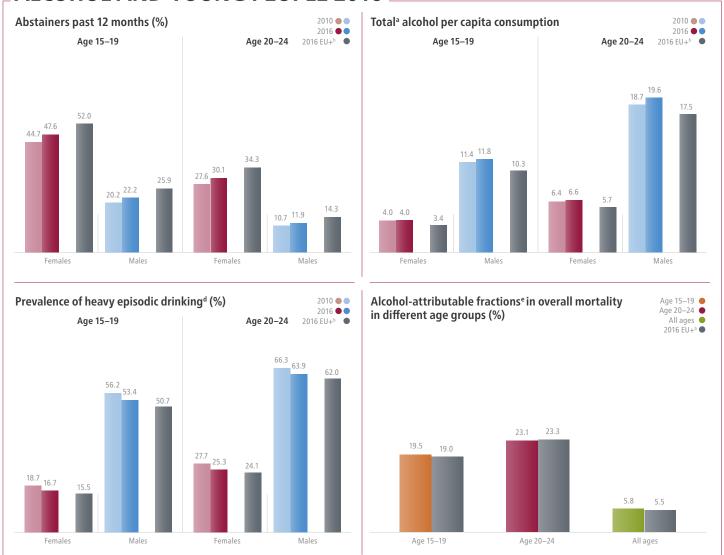








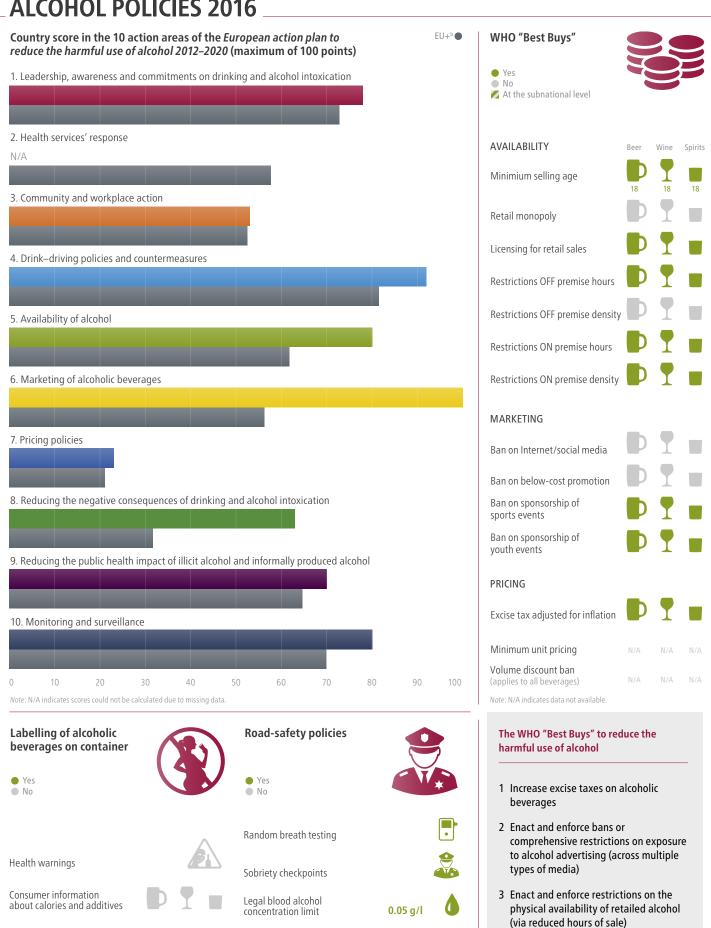




Number of standard

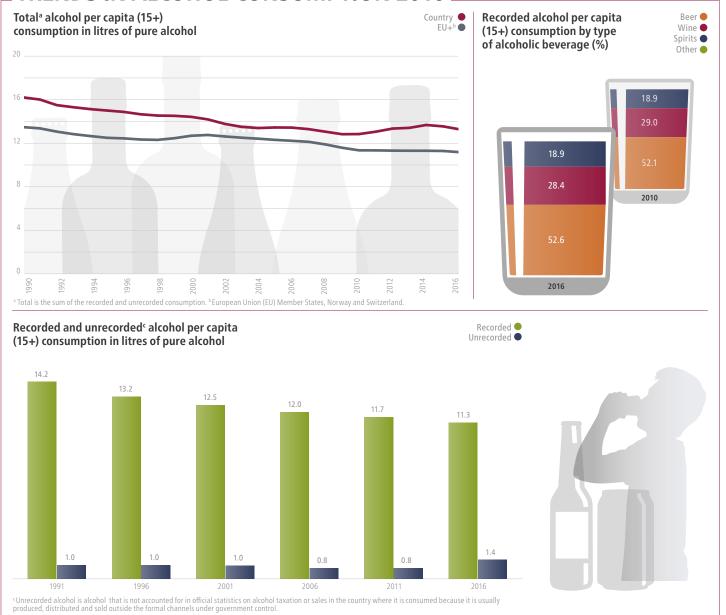
drinks displayed

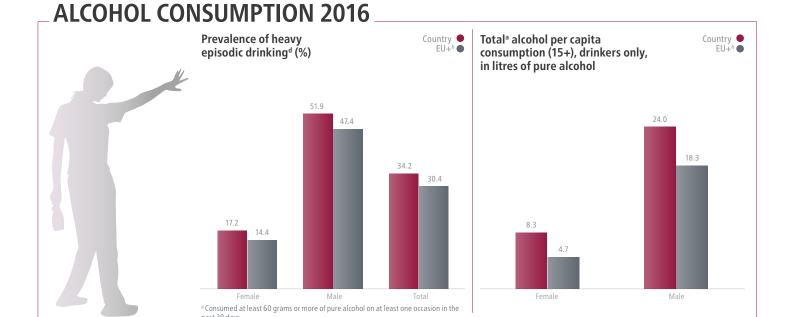
ALCOHOL POLICIES 2016



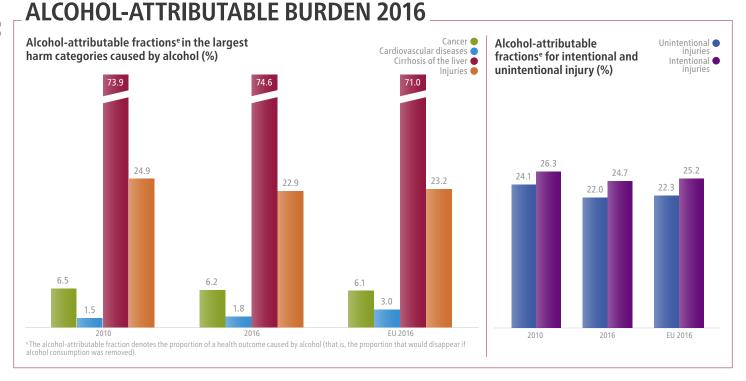
Sales ban at petrol stations

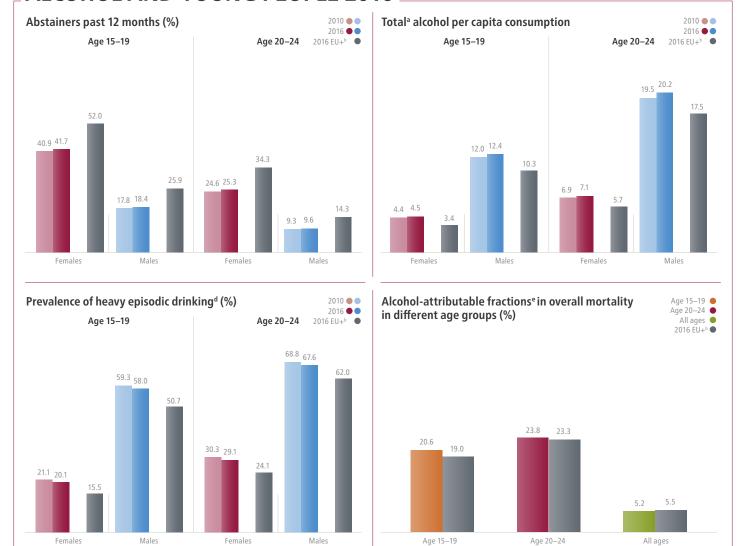












ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES



3 Enact and enforce restrictions on the

(via reduced hours of sale)

physical availability of retailed alcohol

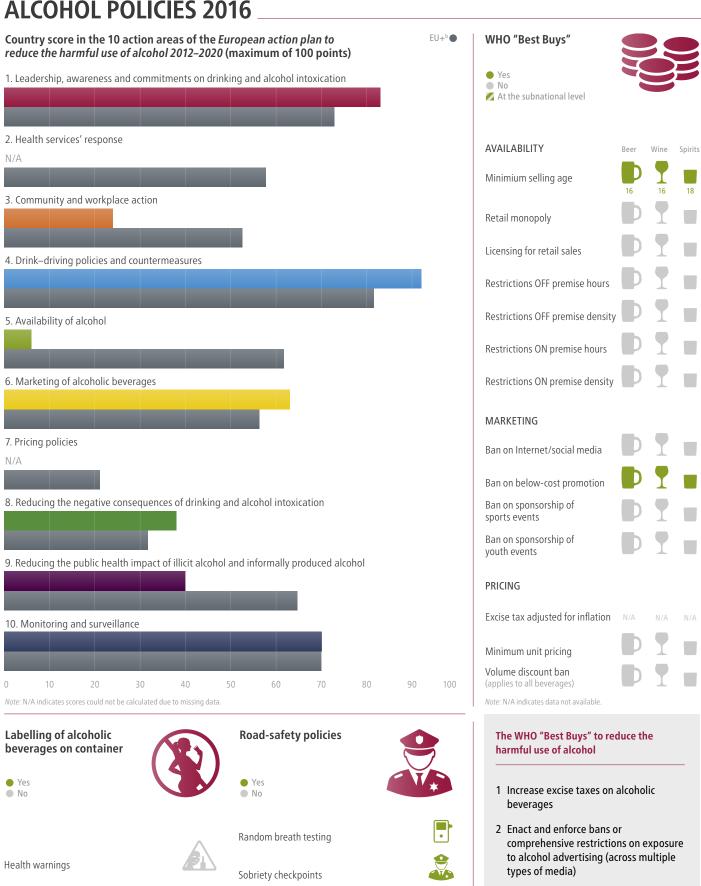
ALCOHOL POLICIES 2016

Consumer information

Number of standard

drinks displayed

about calories and additives



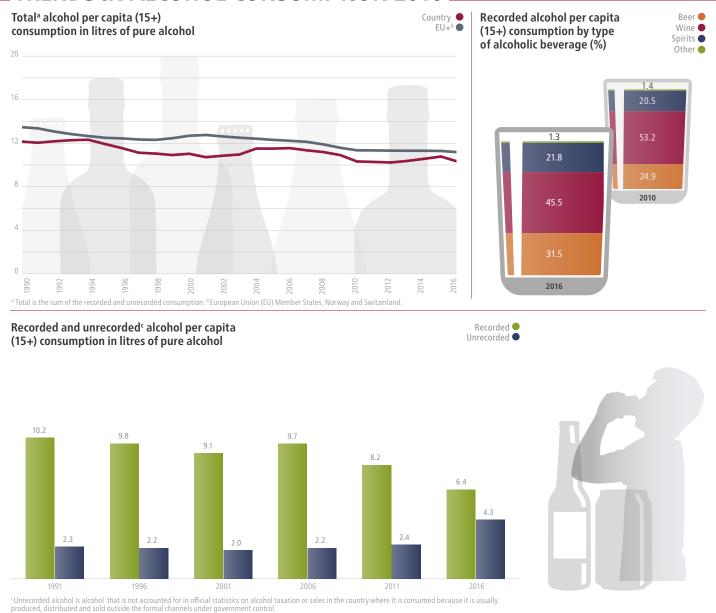
Legal blood alcohol

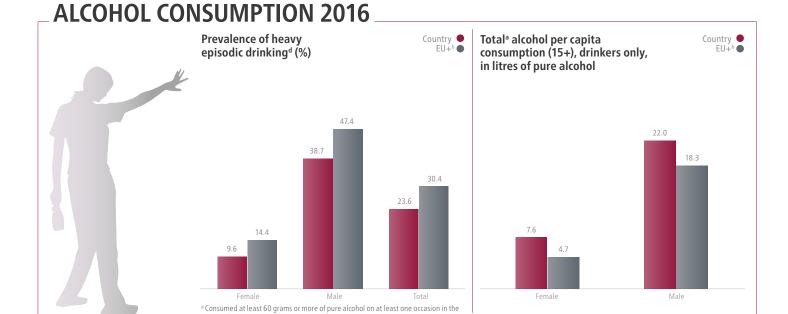
concentration limit

Sales ban at petrol stations

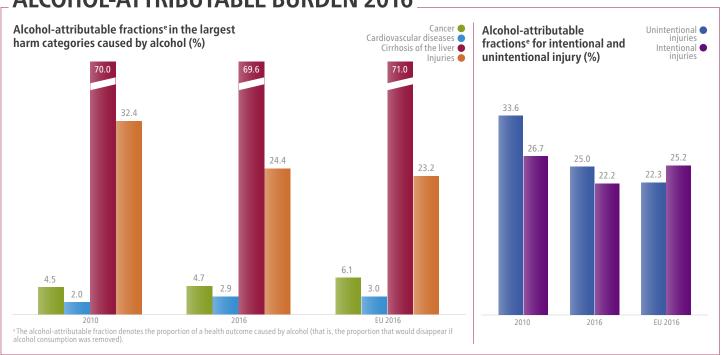
10 919 459
Population in urban areas
77%

Population aged (15+) **85%**Income group (World Bank) **High**









ALCOHOL AND YOUNG PEOPLE 2016

Females

Males

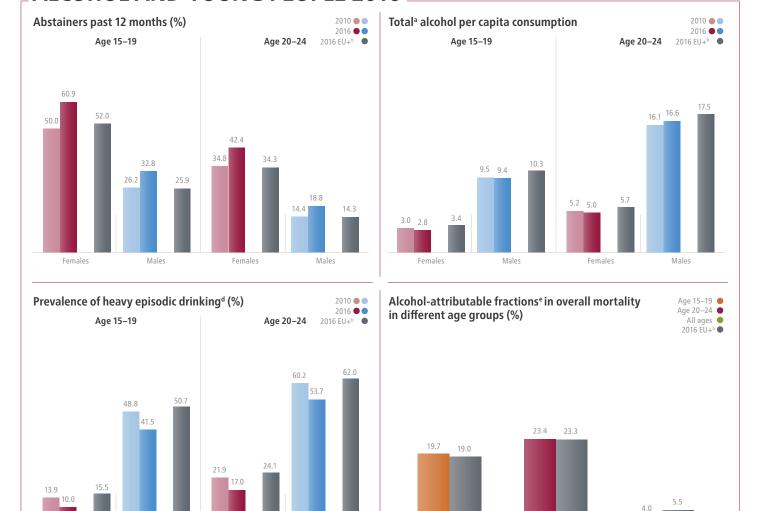
Females

Males

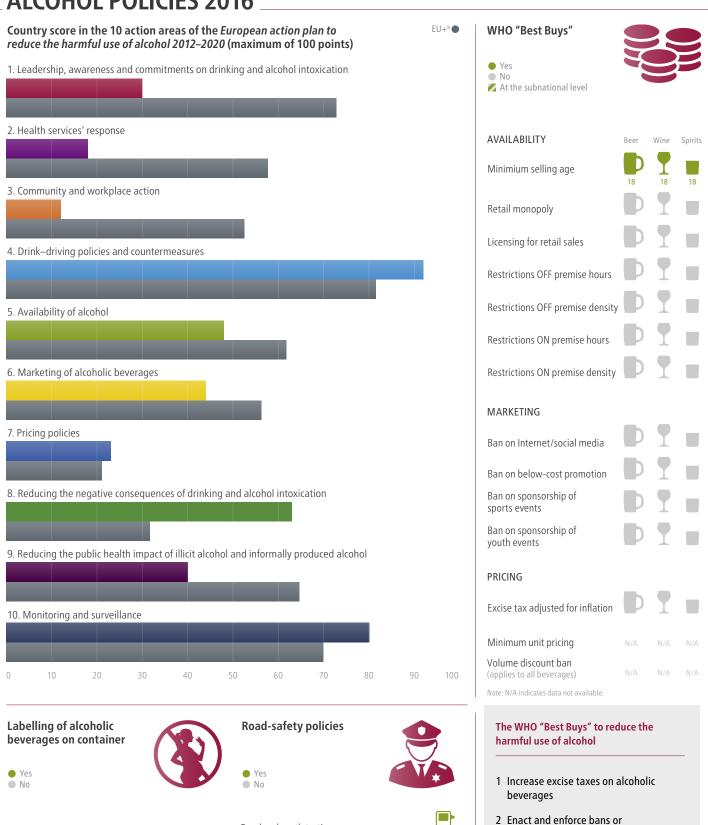
Age 15-19

Age 20-24

All ages



ALCOHOL POLICIES 2016





Random breath testing

Sobriety checkpoints



Health warnings













Number of standard drinks displayed

Consumer information

about calories and additives



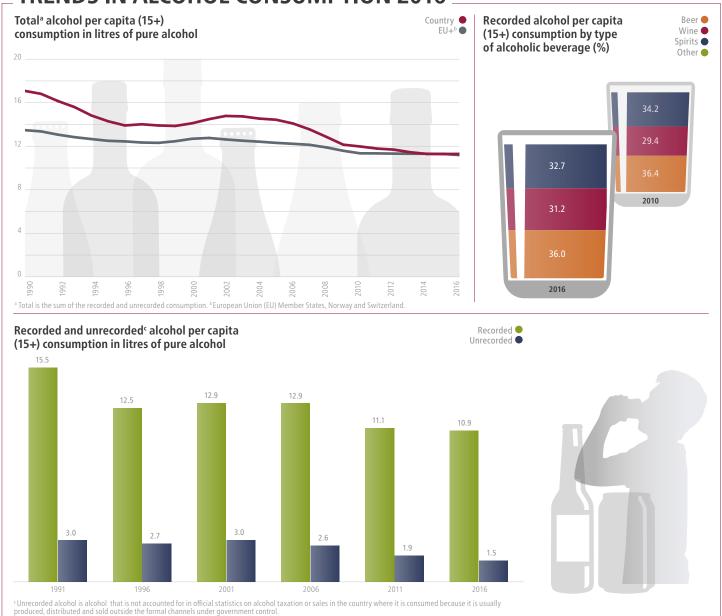


Sales ban at petrol stations

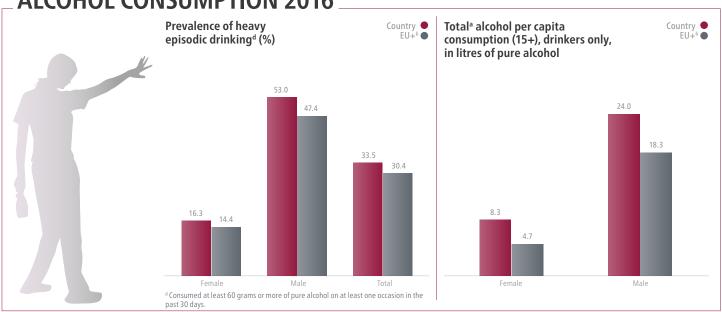


- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

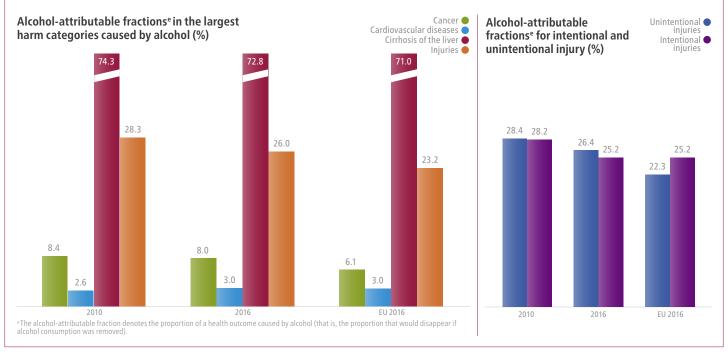


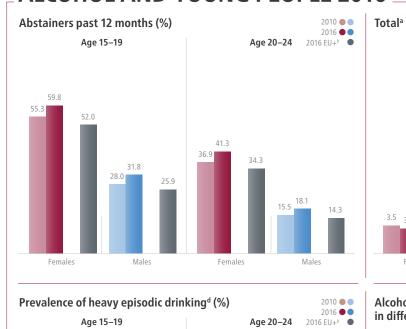


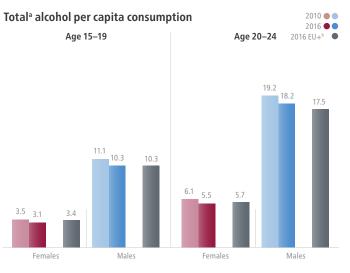


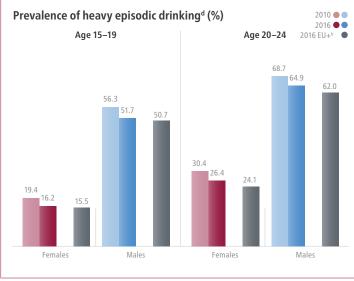


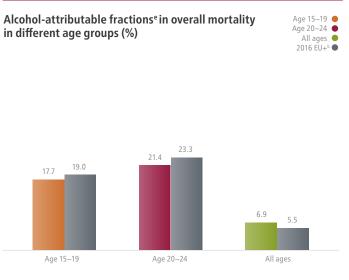








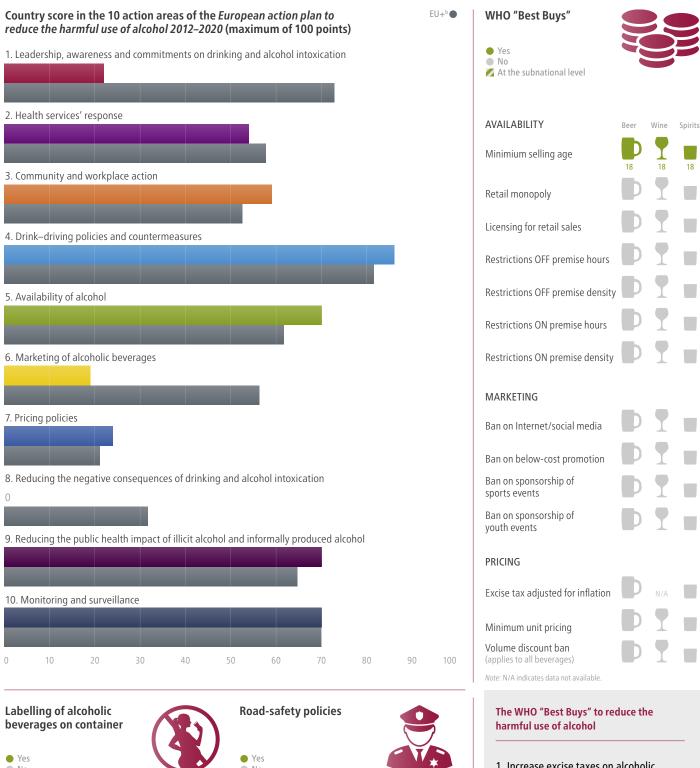




18



ALCOHOL POLICIES 2016















Random breath testing

Sobriety checkpoints



Health warnings

Consumer information about calories and additives







Legal blood alcohol concentration limit

Sales ban at petrol stations



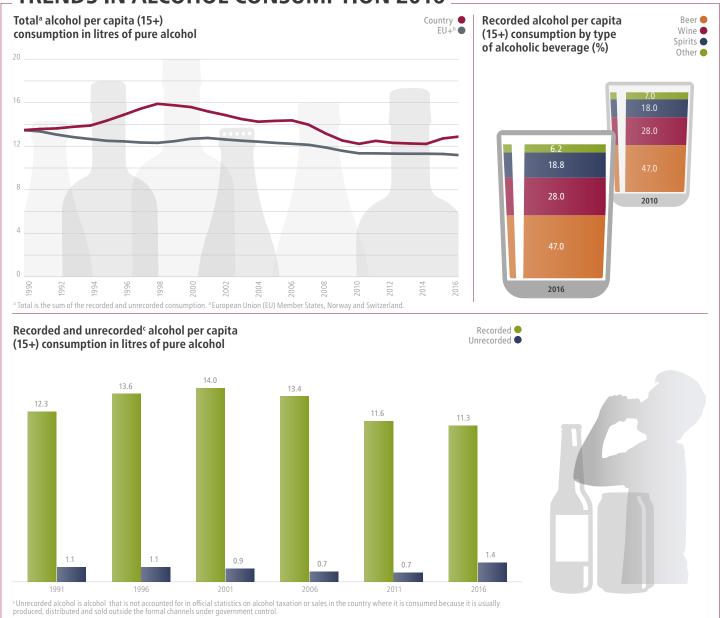




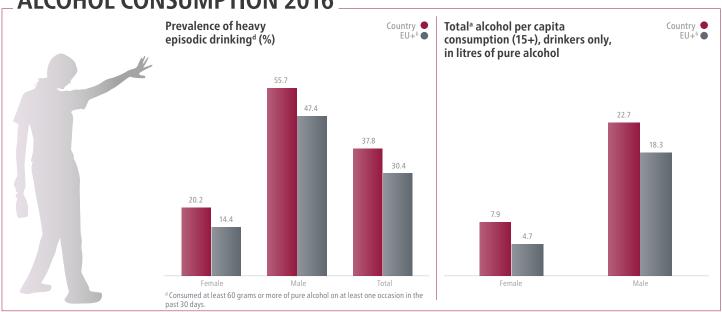
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Total population
4 713 993
Population in urban areas
64%

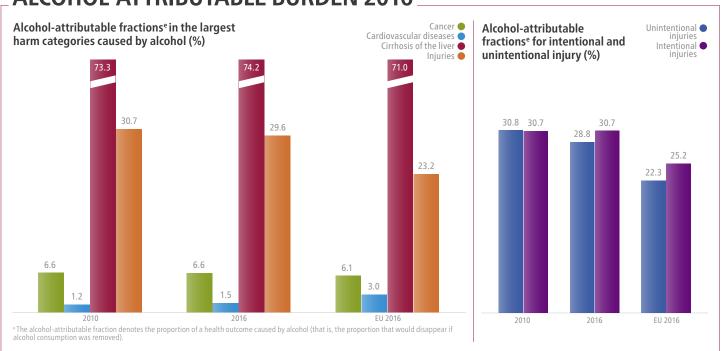
Population aged (15+)
78%
Income group (World Bank)
High

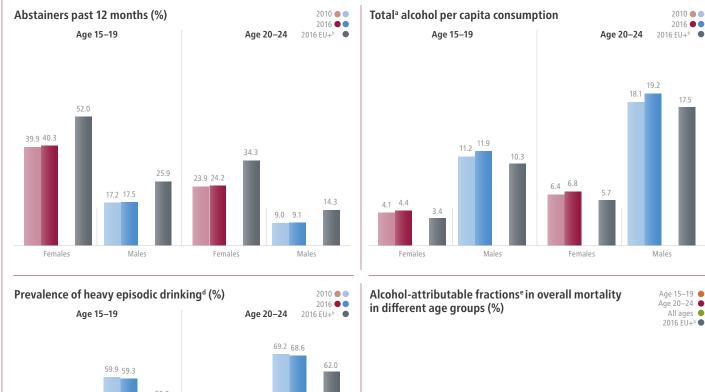


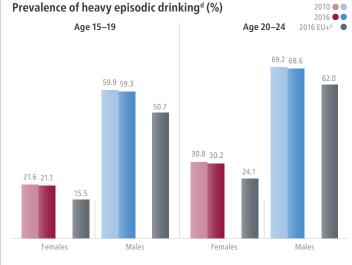


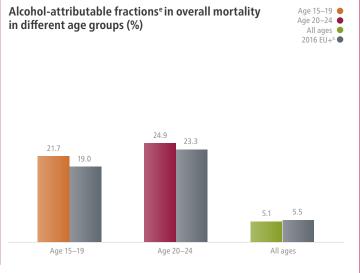


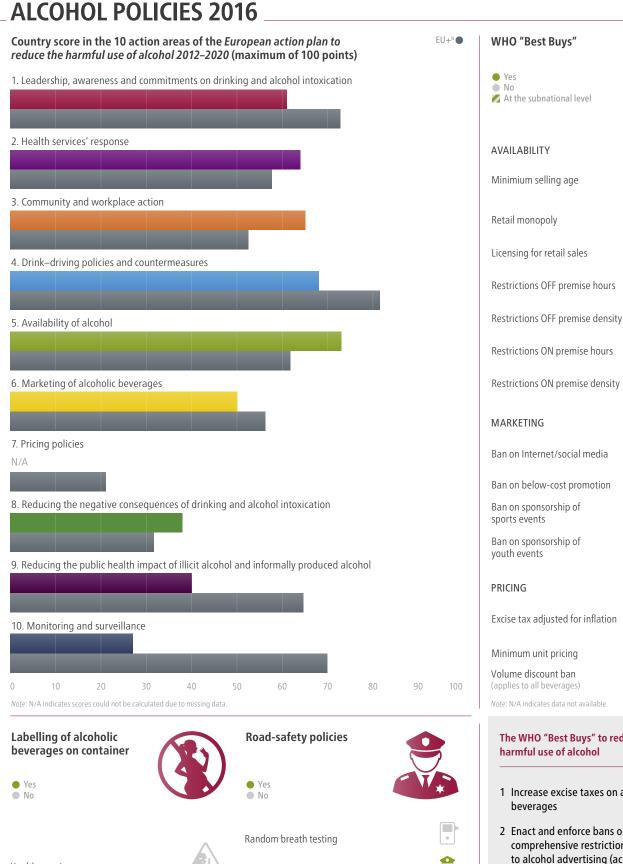












The WHO "Best Buys" to reduce the

Wine

Spirits

18

- 1 Increase excise taxes on alcoholic
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Health warnings





Number of standard drinks displayed











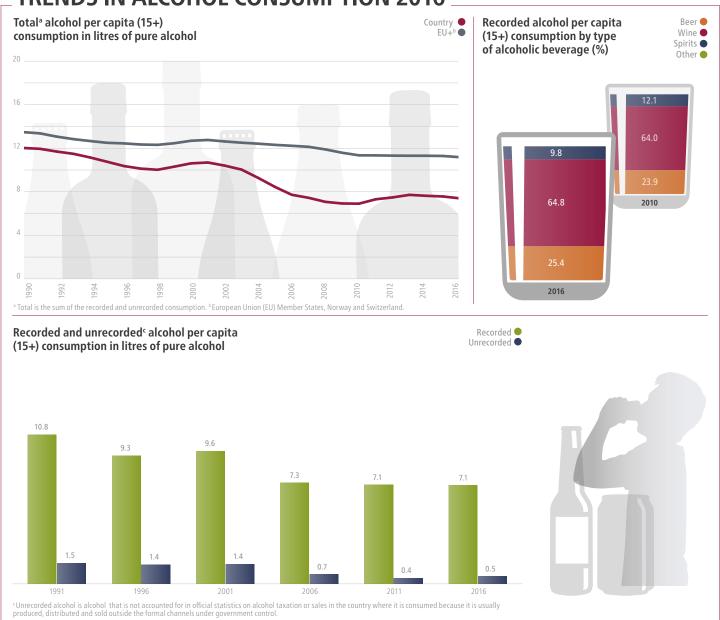
Sobriety checkpoints

Legal blood alcohol

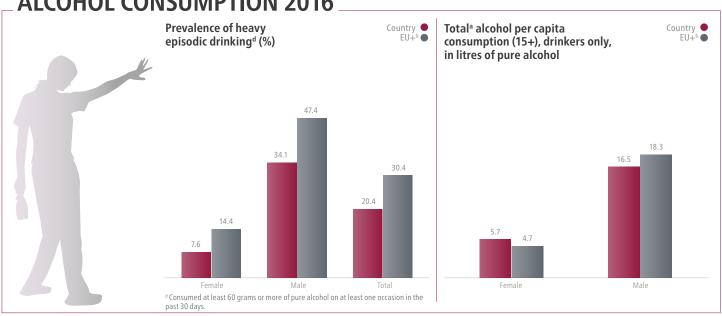


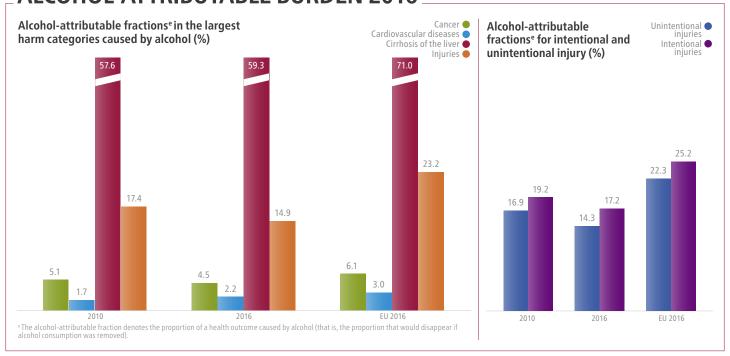


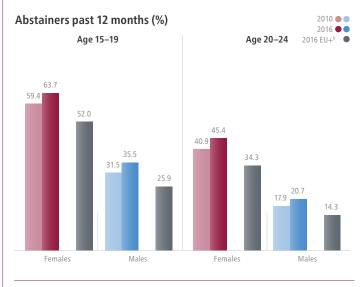


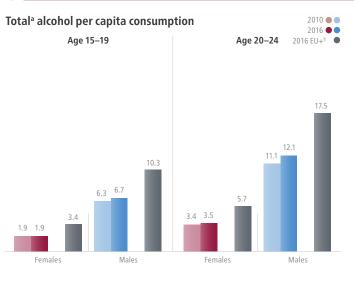


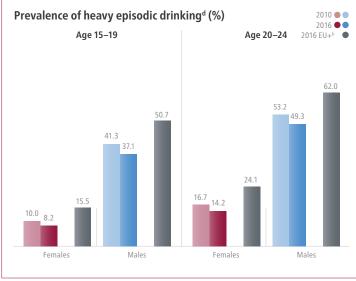


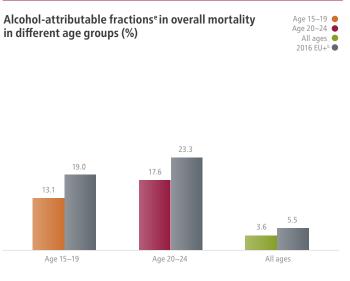












ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES

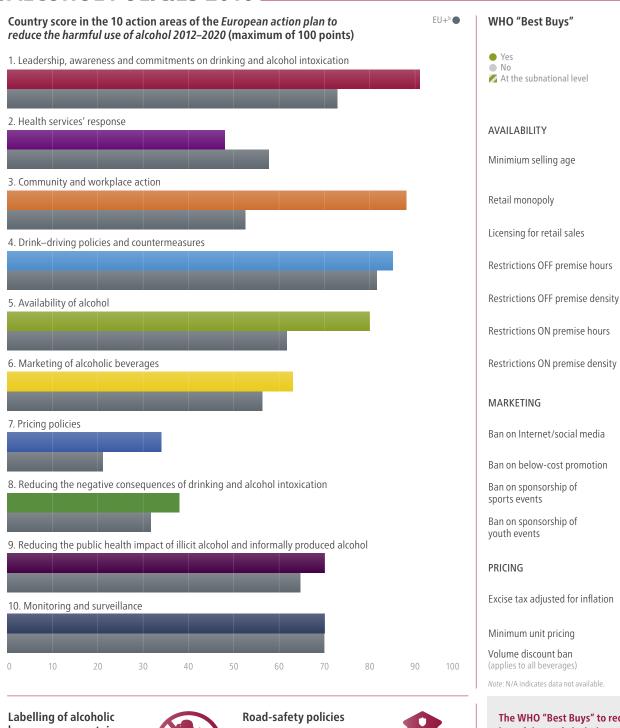


Wine

18

Spirits

ALCOHOL POLICIES 2016



beverages on container

























Legal blood alcohol concentration limit

Sales ban at petrol stations

Sobriety checkpoints





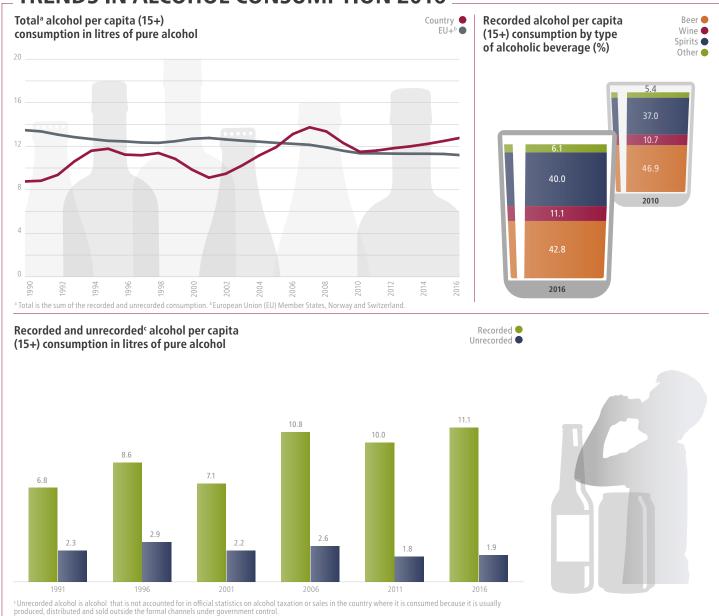


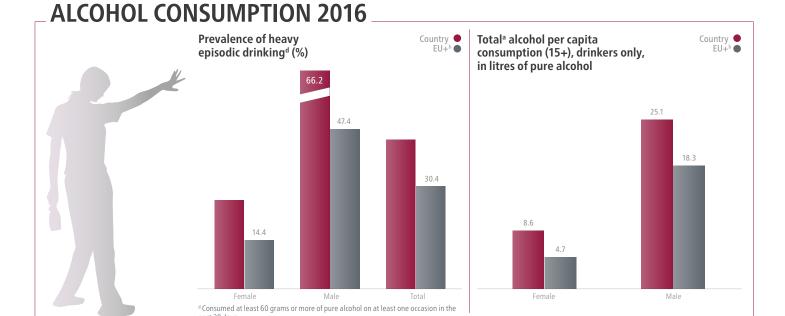
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)



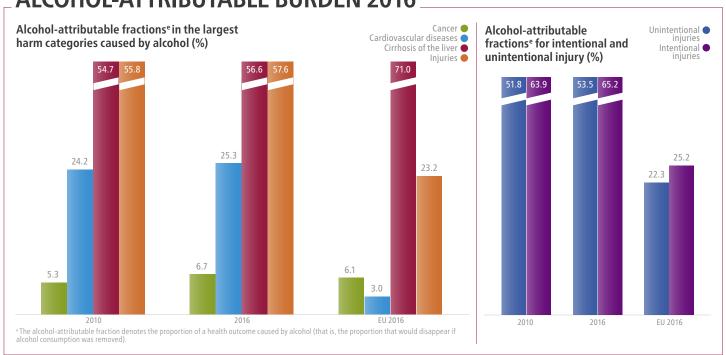
Total population
1 955 742
Population in urban areas
68%

Population aged (15+) **85%**Income group (World Bank) **High**









ALCOHOL AND YOUNG PEOPLE 2016

Females

Males

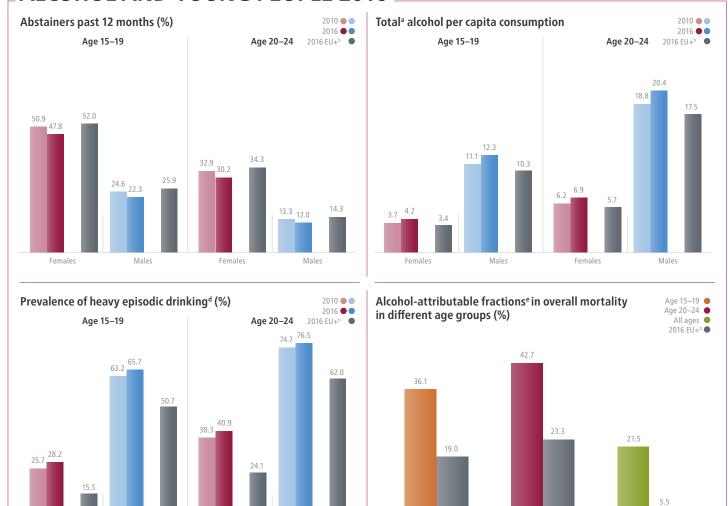
Females

Males

Age 15-19

Age 20-24

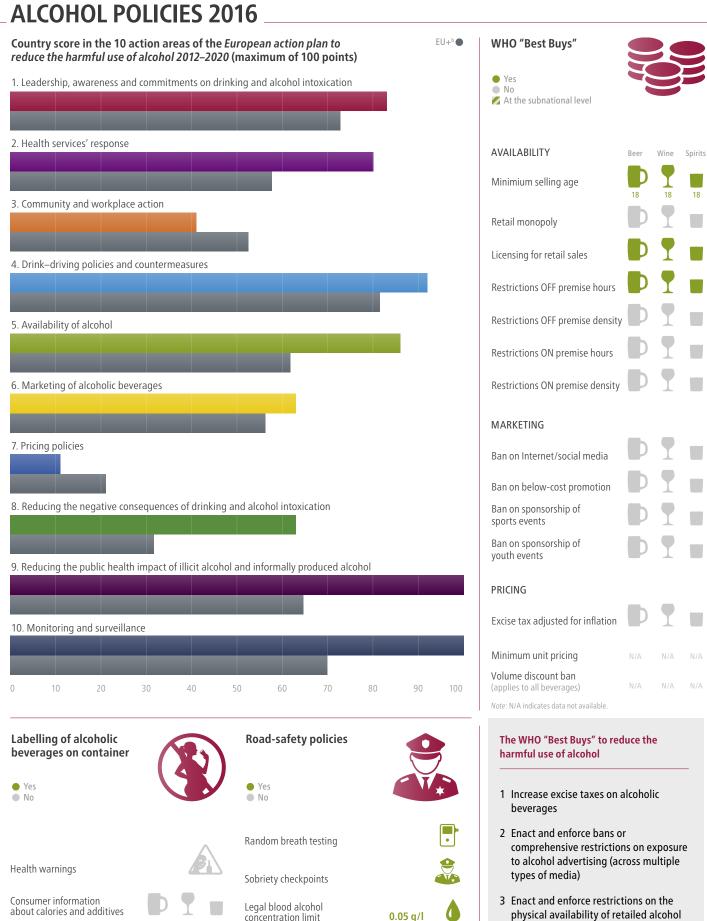
All ages



Number of standard

drinks displayed



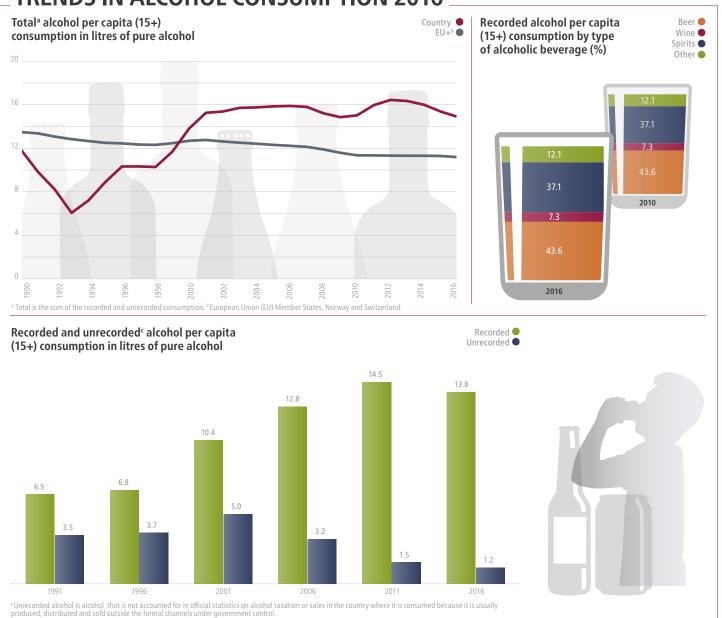


Sales ban at petrol stations

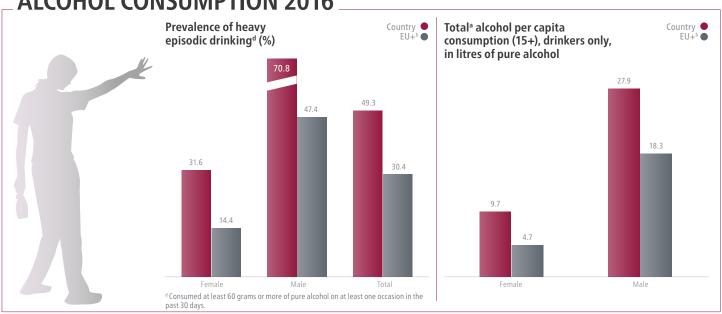
18

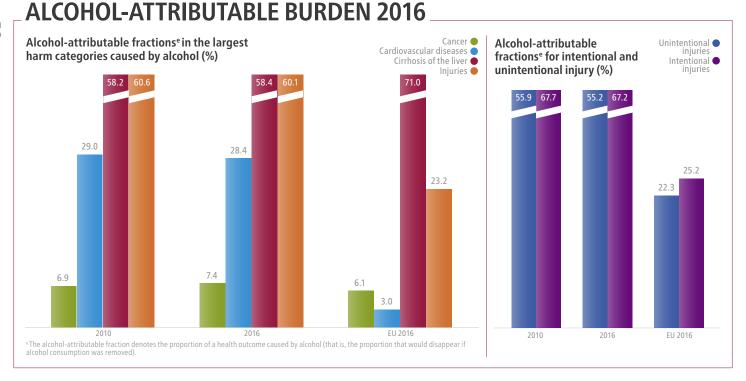
(via reduced hours of sale)

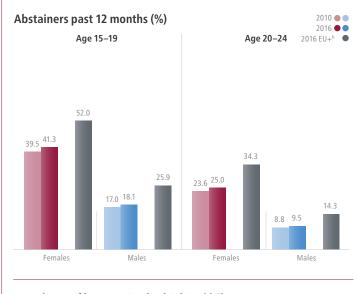


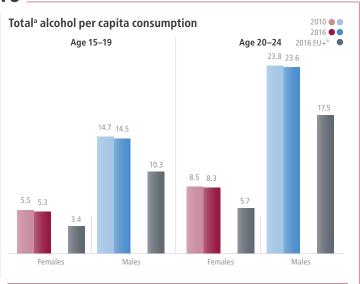


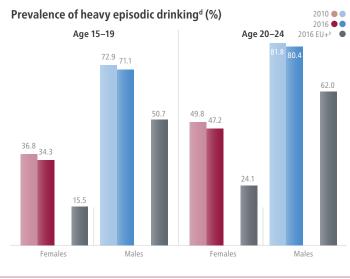


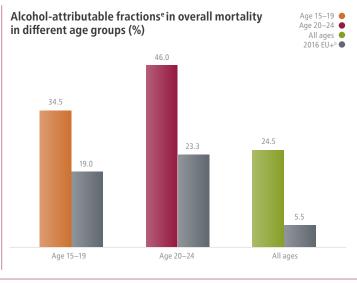




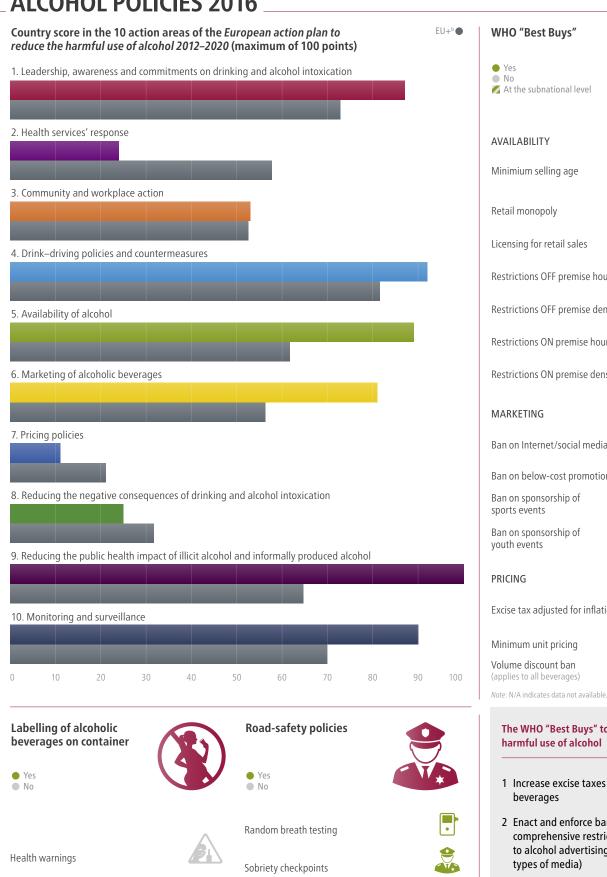








ALCOHOL POLICIES 2016



Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age 18 18 Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation Minimum unit pricing Volume discount ban (applies to all beverages)

Consumer information

about calories and additives







Legal blood alcohol concentration limit

Sales ban at petrol stations





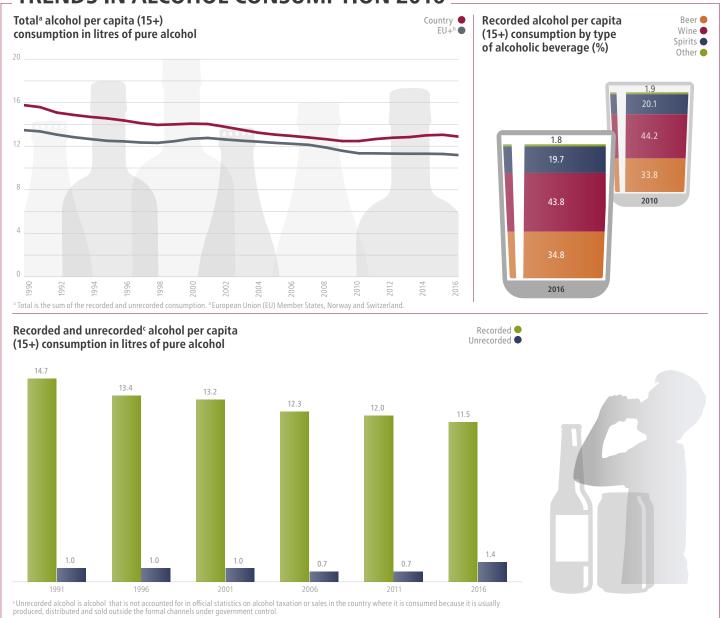


The WHO "Best Buys" to reduce the harmful use of alcohol

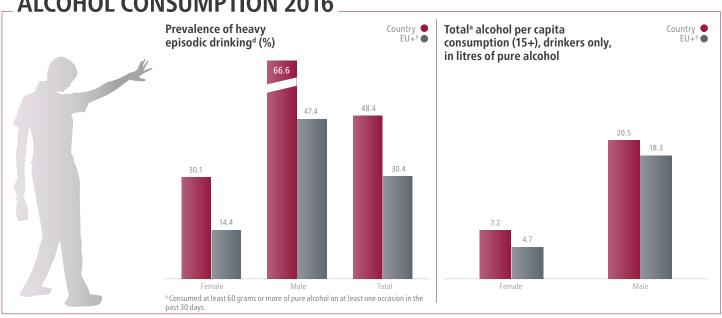
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

Total population **576 243**

Population aged (15+) 84% Income group (World Bank) High





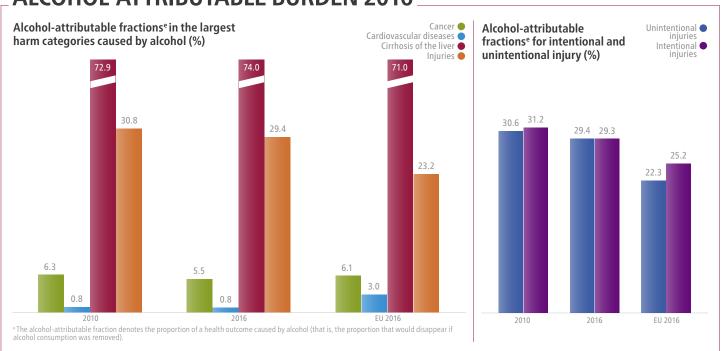




5.5

All ages





ALCOHOL AND YOUNG PEOPLE 2016

15.5

Males

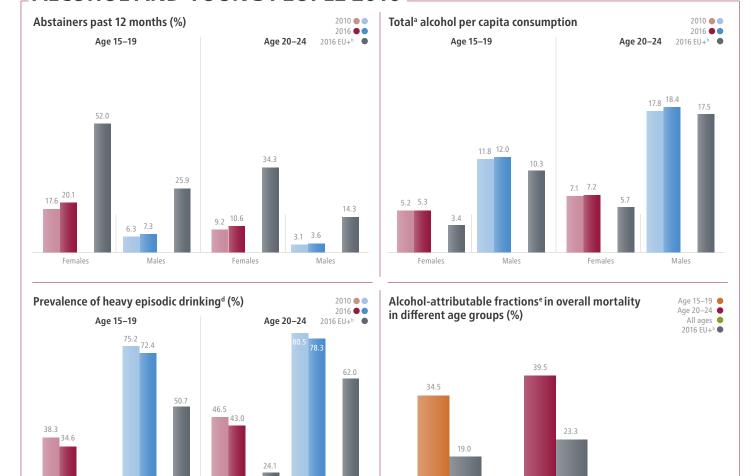
Females

Males

Age 15-19

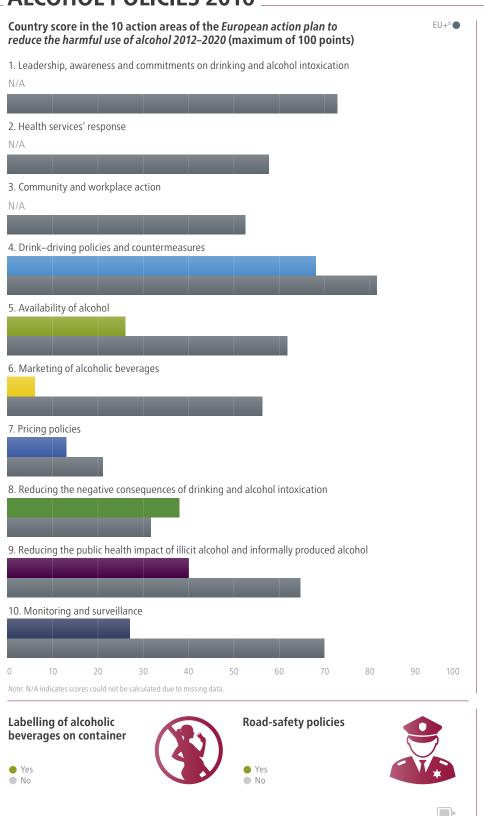
Age 20-24

Females





ALCOHOL POLICIES 2016



Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age 16 Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation Minimum unit pricing

WHO "Best Buys"



Health warnings

Consumer information

about calories and additives

Number of standard drinks displayed







The WHO "Best Buys" to reduce the harmful use of alcohol

Volume discount ban

(applies to all beverages)

Note: N/A indicates data not available.

- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)



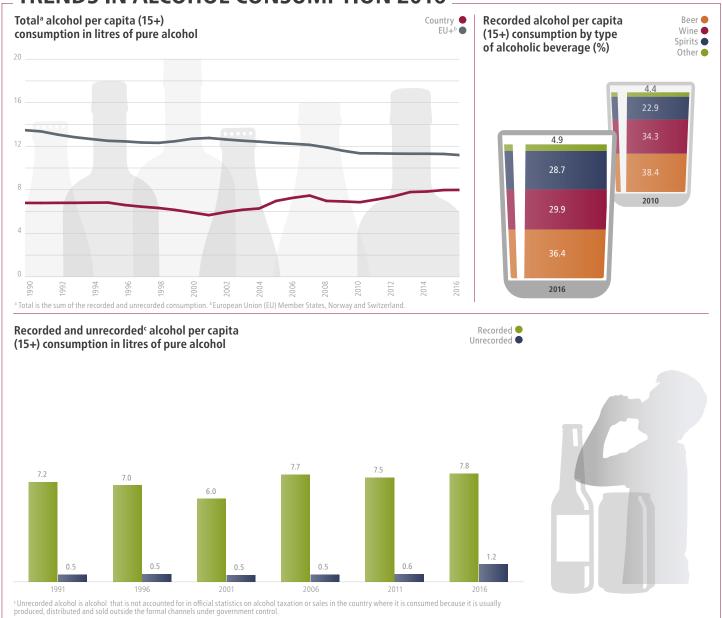
Sales ban at petrol stations

Random breath testing

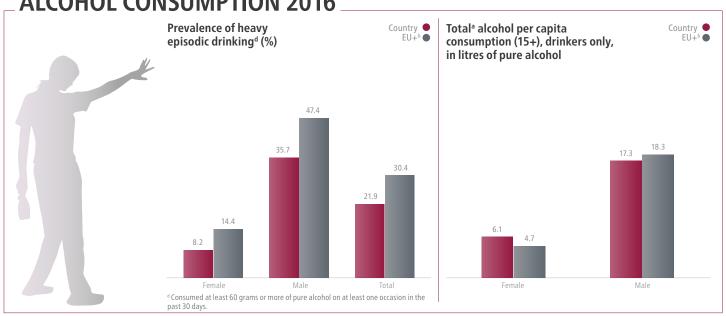
Sobriety checkpoints

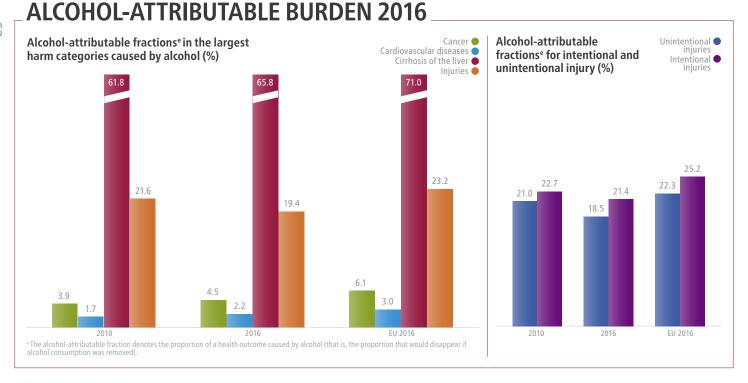


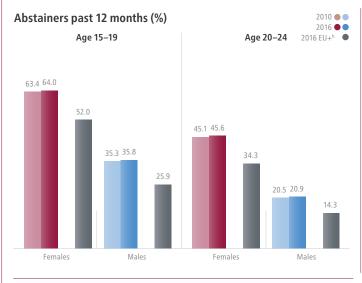


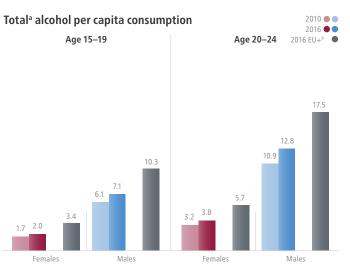


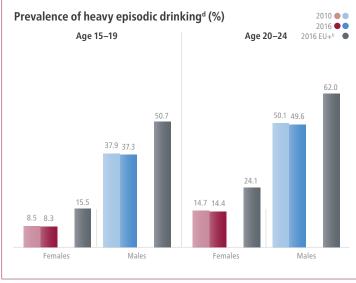


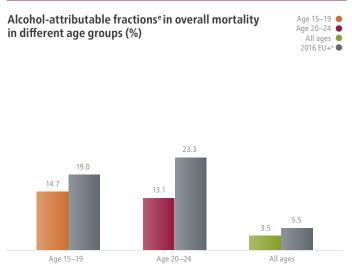






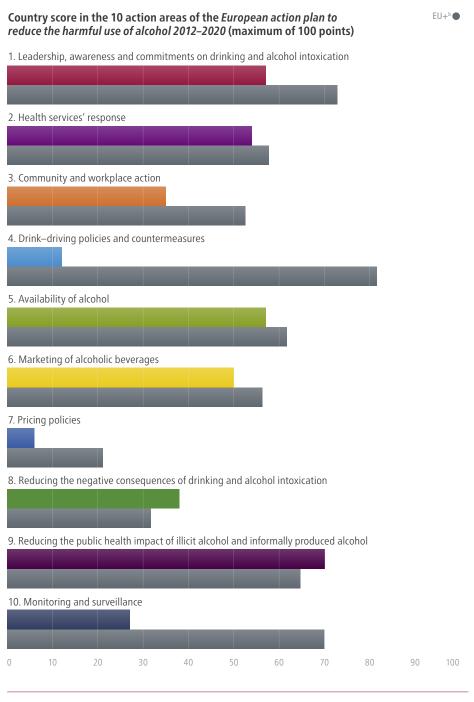






ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES

ALCOHOL POLICIES 2016



Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation Minimum unit pricing Volume discount ban

WHO "Best Buys"

Labelling of alcoholic beverages on container



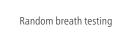


Road-safety policies









Sobriety checkpoints



Health warnings

Consumer information about calories and additives

Number of standard drinks displayed

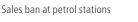






Legal blood alcohol concentration limit









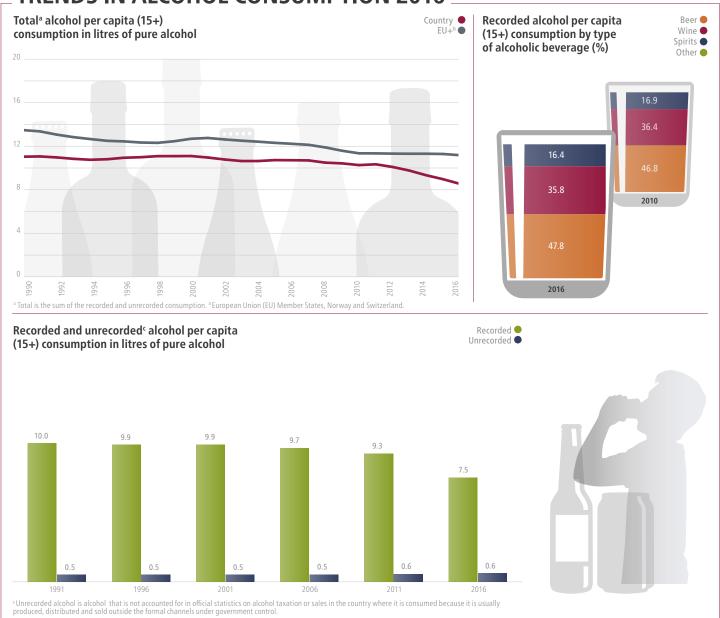
The WHO "Best Buys" to reduce the harmful use of alcohol

(applies to all beverages) Note: N/A indicates data not available.

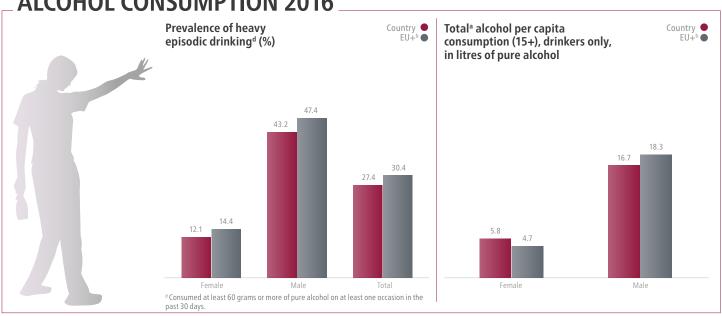
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

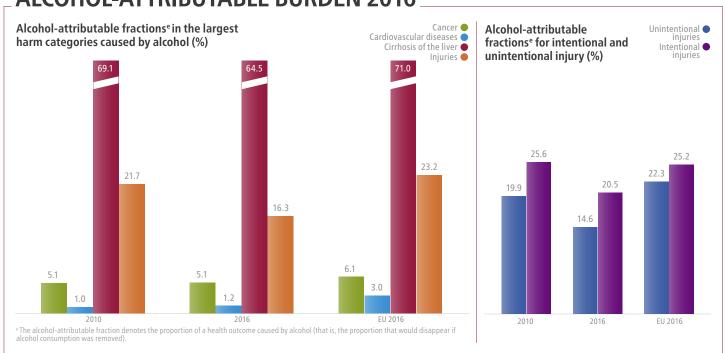
16 979 729

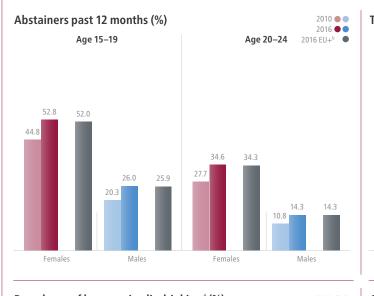
Population aged (15+) 84% e group (World Bank) High

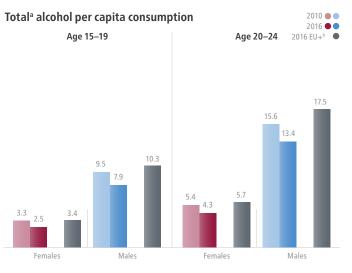


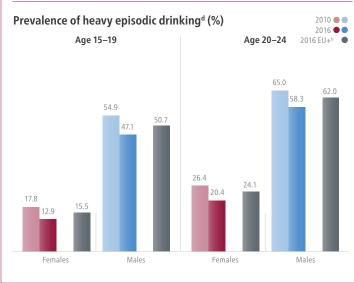


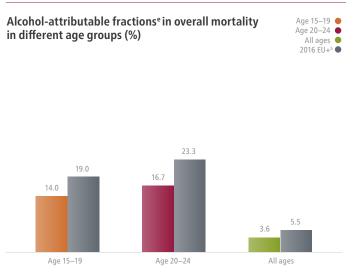


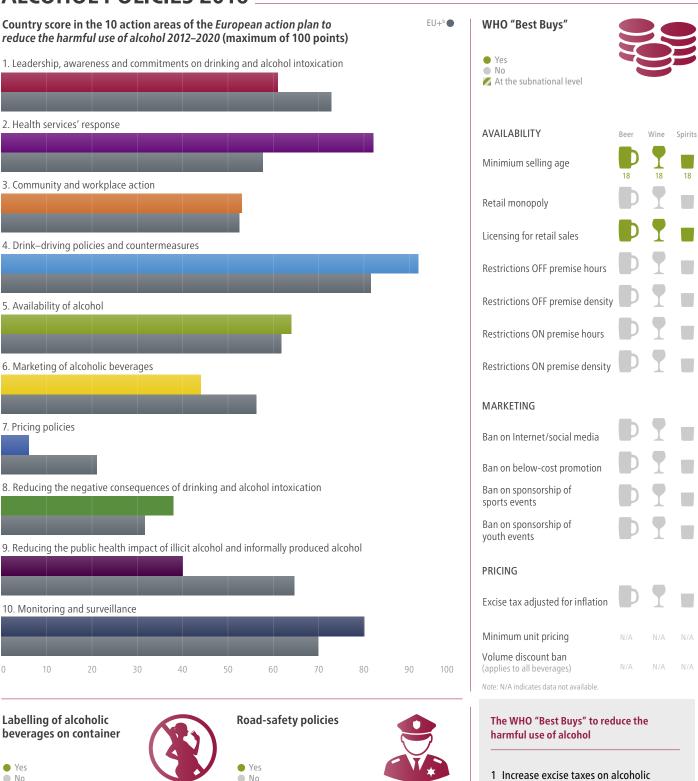
























Sobriety checkpoints



Health warnings

Consumer information about calories and additives

Number of standard drinks displayed





Legal blood alcohol concentration limit

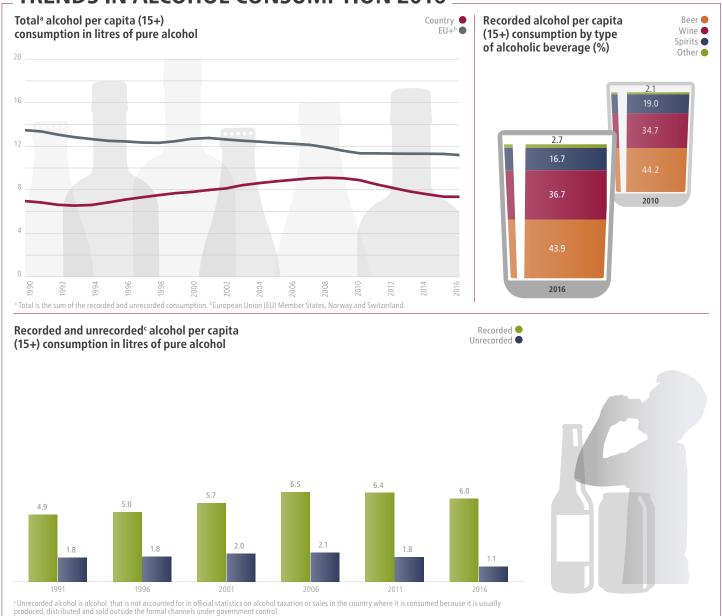
Sales ban at petrol stations



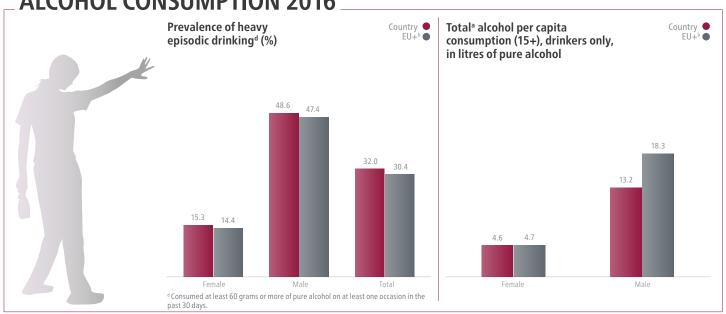




- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)









Females

Males

Females

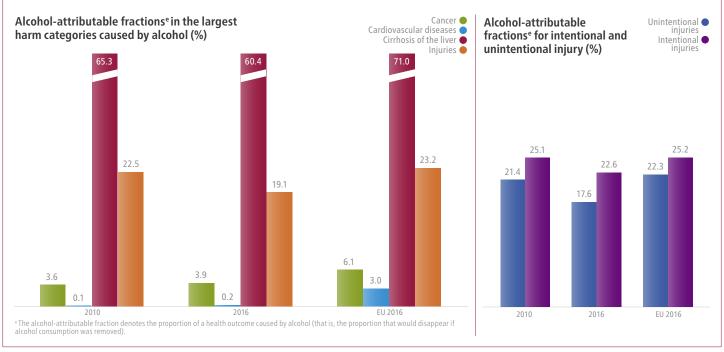
Males

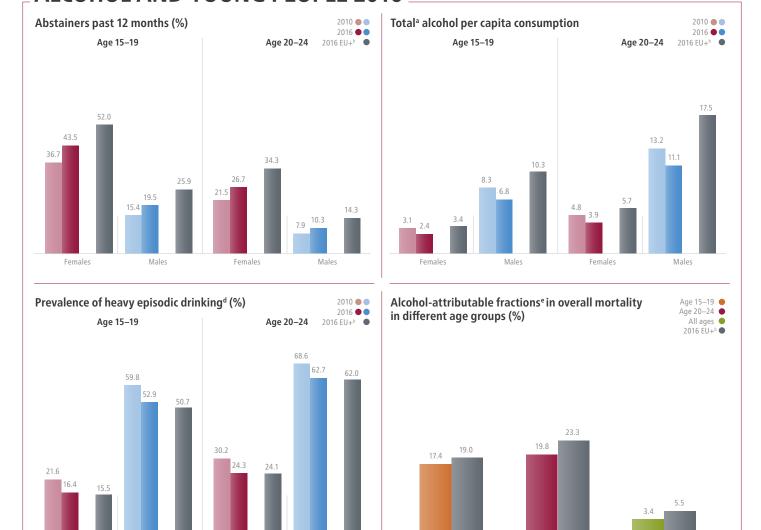
Age 15-19

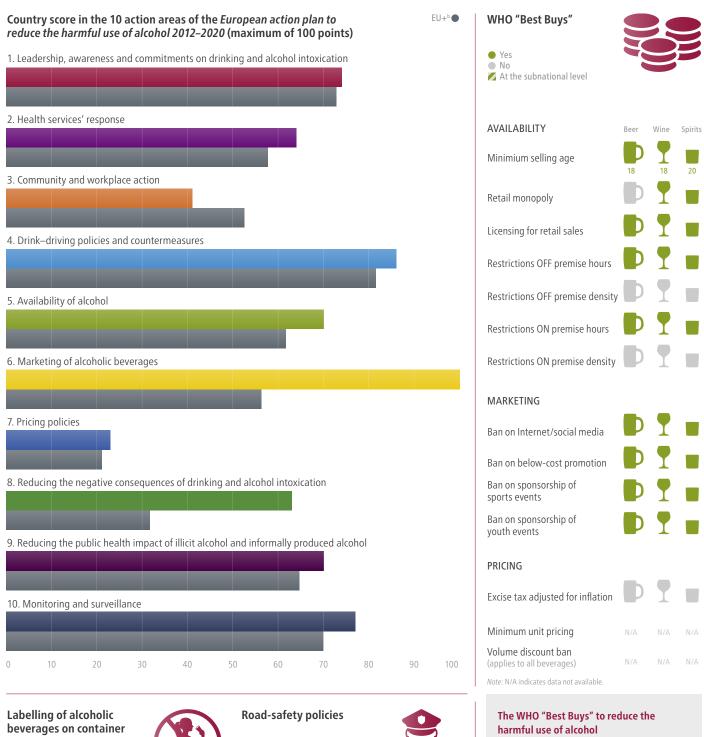
Age 20-24

All ages

ALCOHOL-ATTRIBUTABLE BURDEN 2016









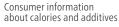












Number of standard drinks displayed







Random breath testing

Sobriety checkpoints

Sales ban at petrol stations



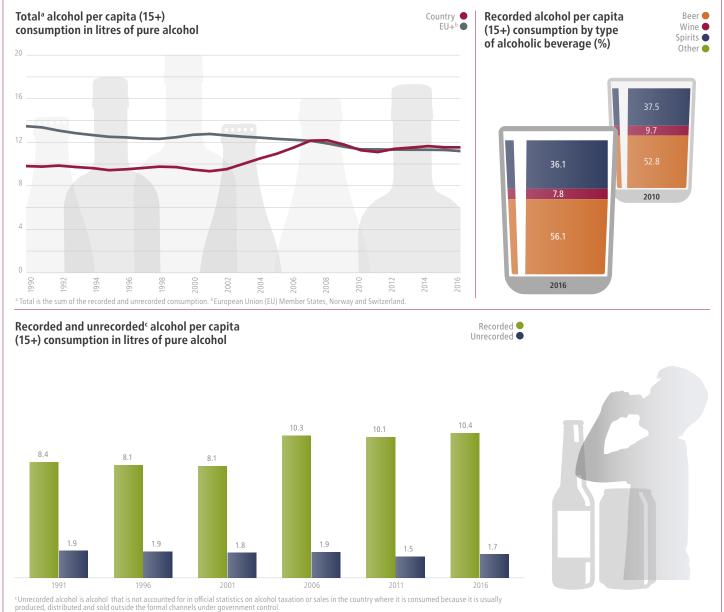


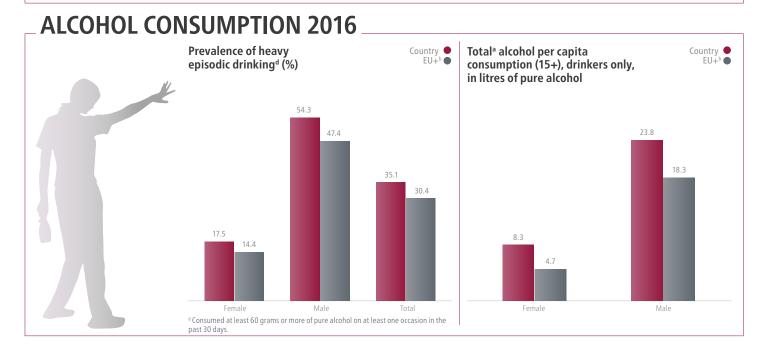


- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

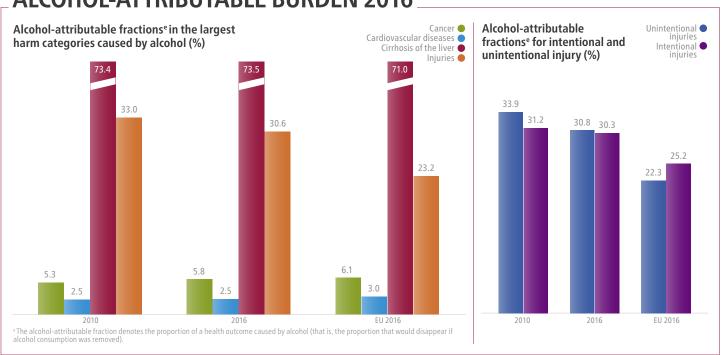
Total population
38 593 161
Population in urban areas
60%

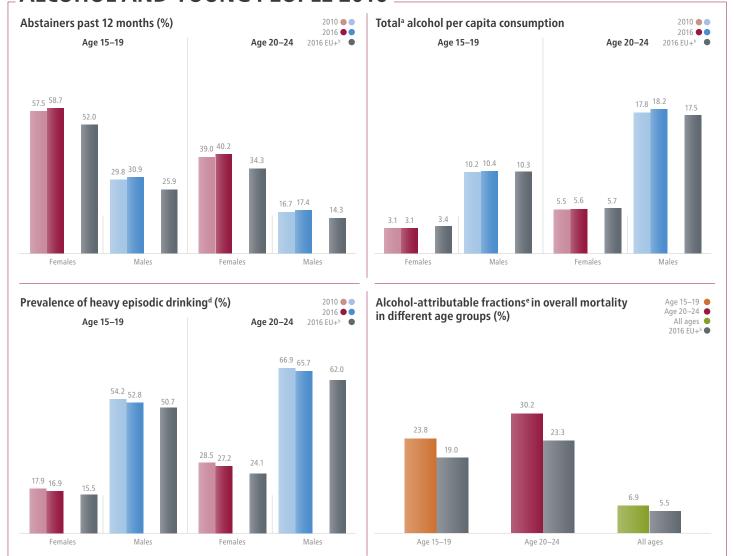
Population aged (15+) **85%**Income group (World Bank) **High**

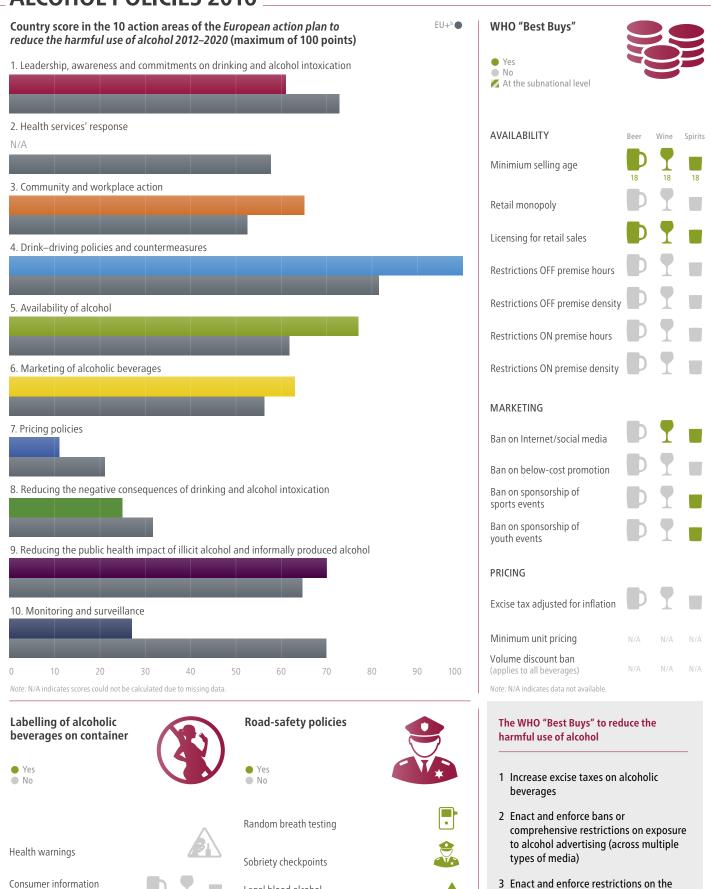












Legal blood alcohol

concentration limit

Sales ban at petrol stations

physical availability of retailed alcohol

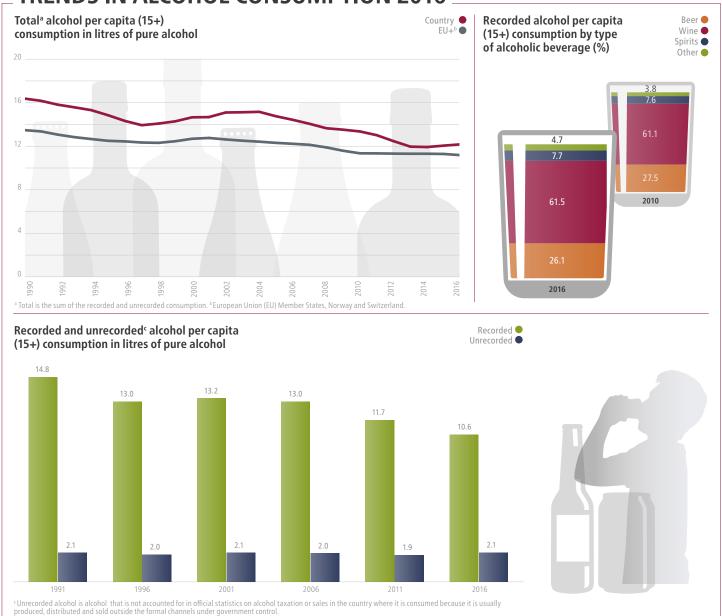
(via reduced hours of sale)

about calories and additives

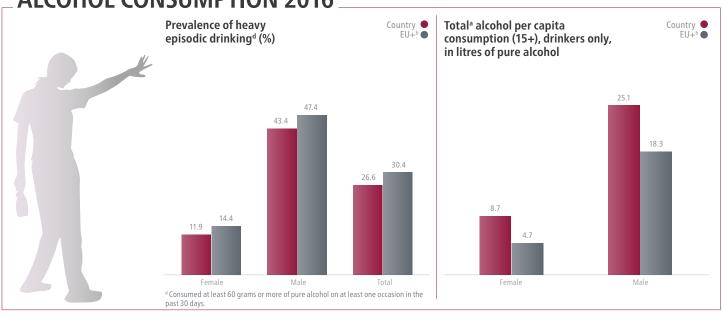
Number of standard

drinks displayed











Females

Males

Females

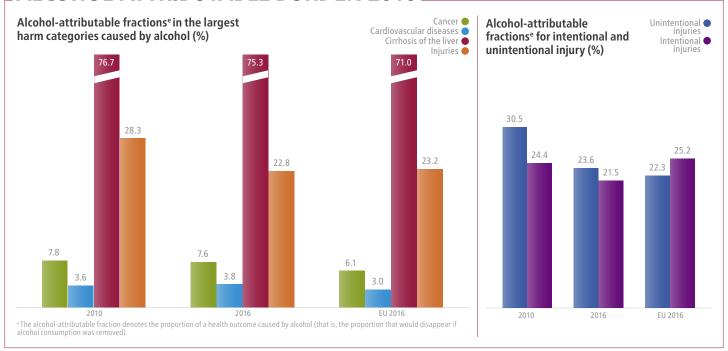
Males

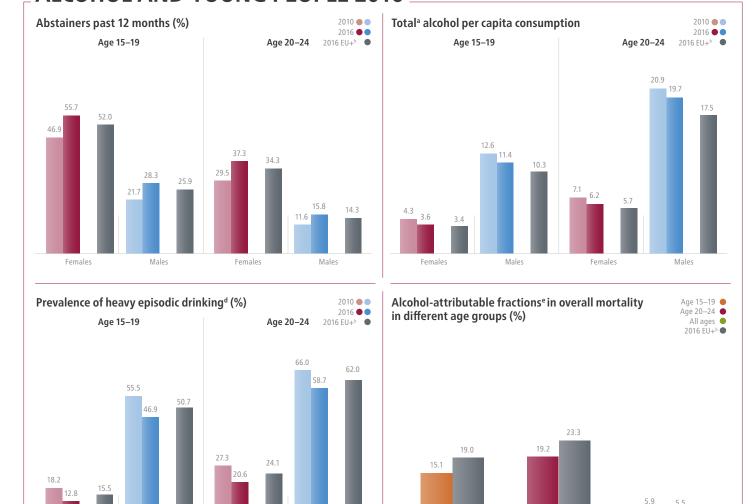
Age 15-19

Age 20-24

All ages

ALCOHOL-ATTRIBUTABLE BURDEN 2016

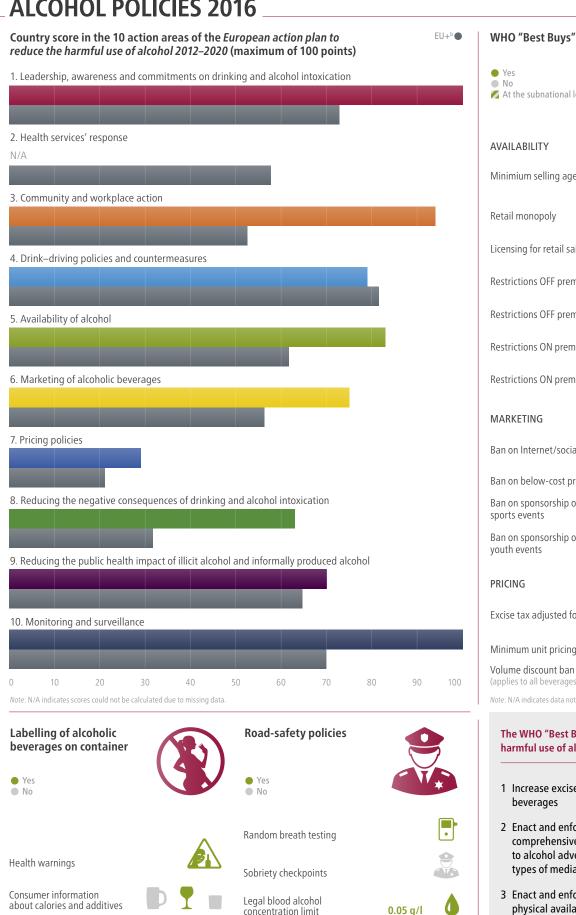






Number of standard

drinks displayed



Sales ban at petrol stations

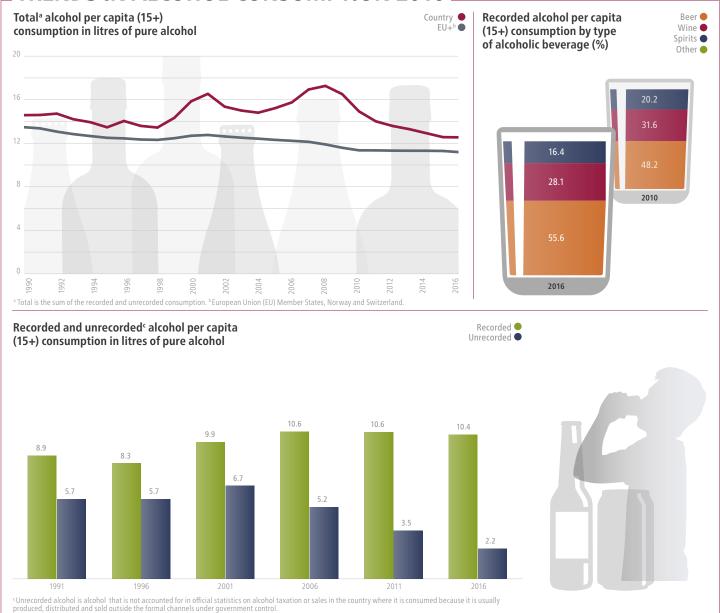
At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age 18 Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events Excise tax adjusted for inflation Minimum unit pricing Volume discount ban (applies to all beverages) Note: N/A indicates data not available.

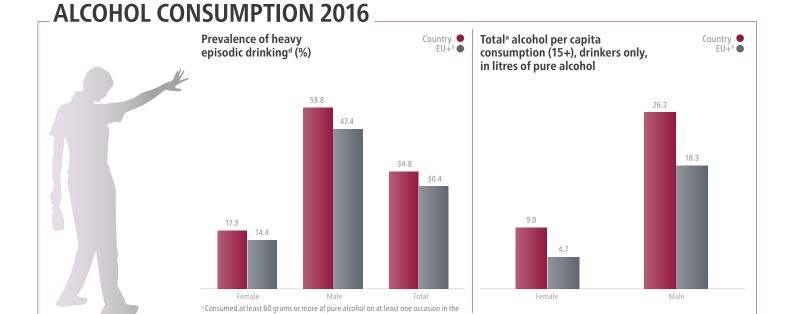
The WHO "Best Buys" to reduce the harmful use of alcohol

- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

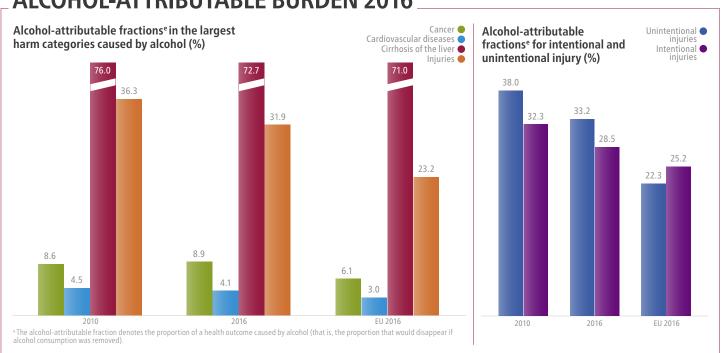
Total population
19 372 734

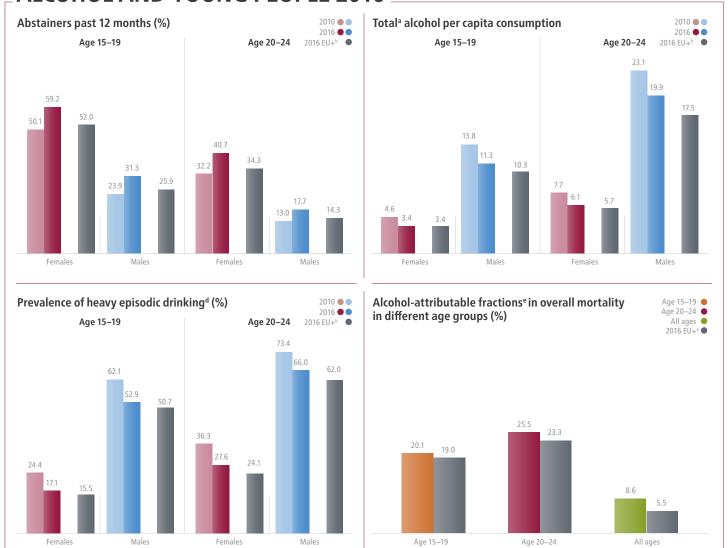
Population in urban areas



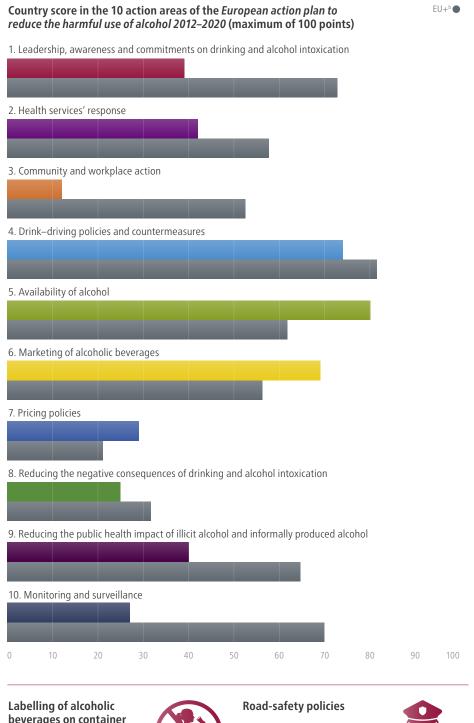












Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age 18 Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation Minimum unit pricing Volume discount ban (applies to all beverages)

WHO "Best Buys"

beverages on container











Random breath testing

Sobriety checkpoints





Consumer information

about calories and additives

Number of standard drinks displayed







Legal blood alcohol concentration limit

Sales ban at petrol stations









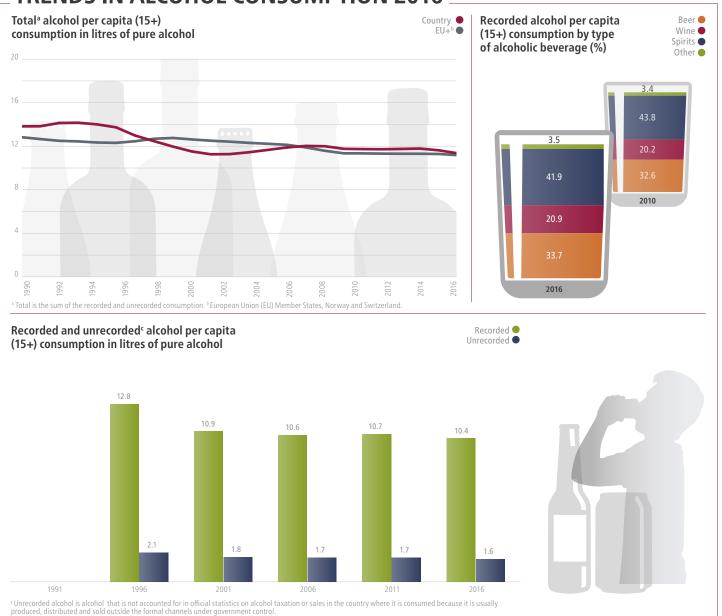


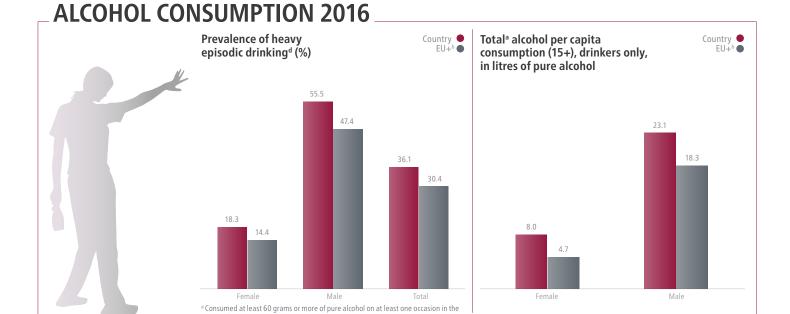
The WHO "Best Buys" to reduce the harmful use of alcohol

Note: N/A indicates data not available.

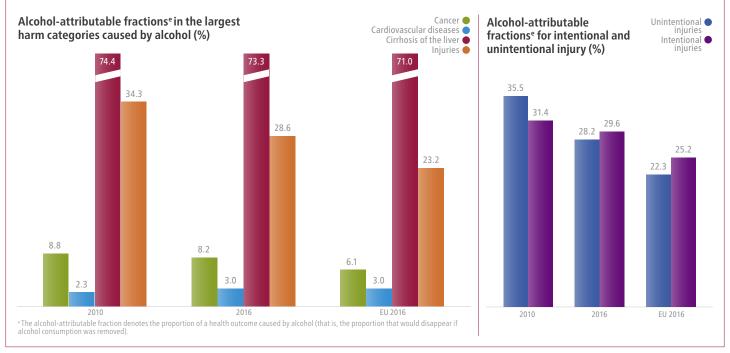
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)











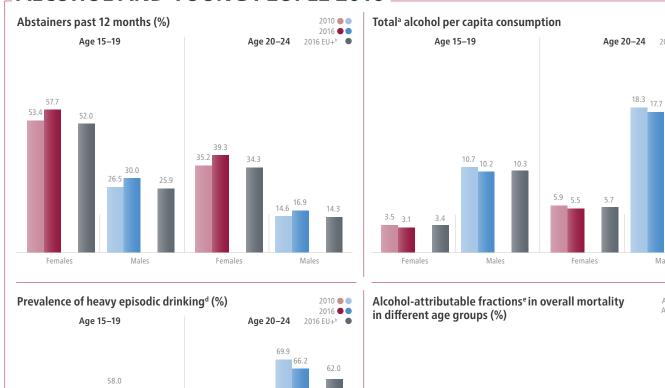
2010 🔵 🔵

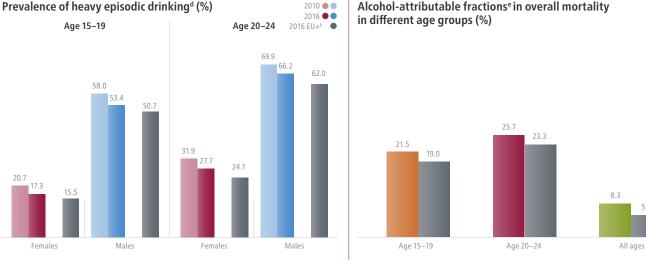
2016 • • • 2016 EU+^b •

Males

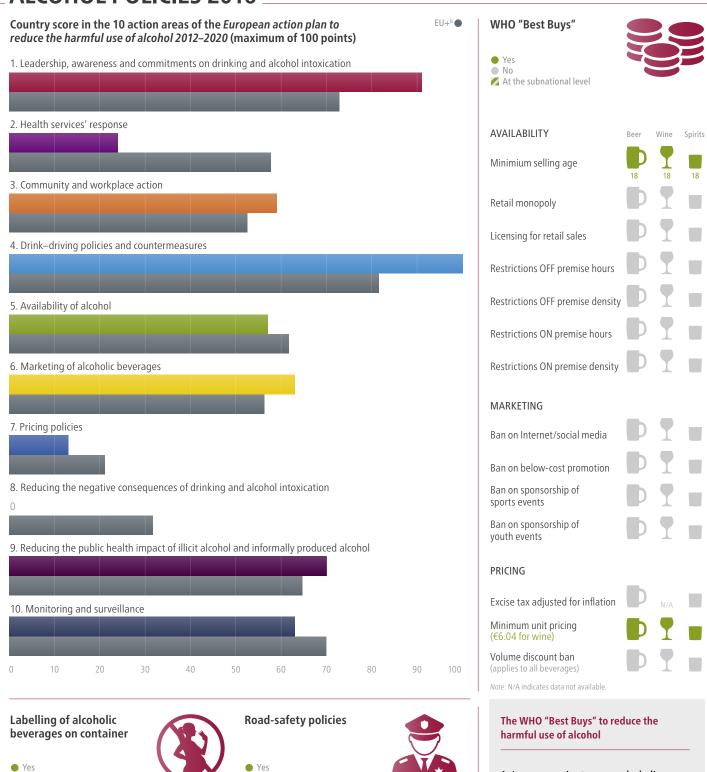
Age 15–19 • Age 20–24 •

All ages 2016 EU+b





















Sobriety checkpoints

Sales ban at petrol stations



Health warnings

Consumer information about calories and additives







Legal blood alcohol concentration limit





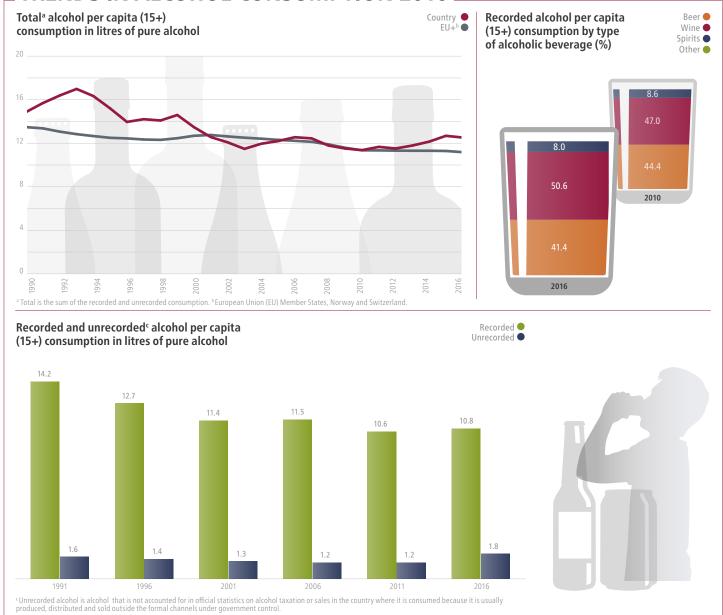




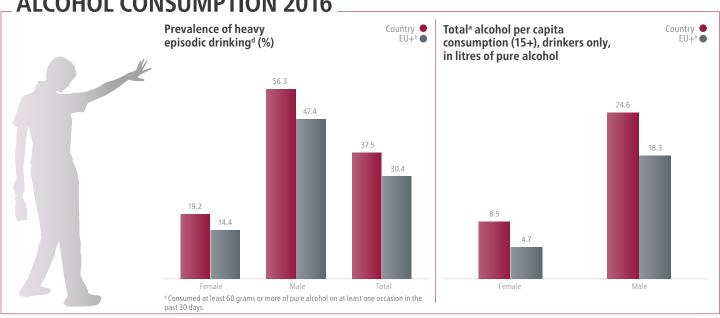
- 1 Increase excise taxes on alcoholic beverages
- 2 Enact and enforce bans or comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

2 069 362 50%

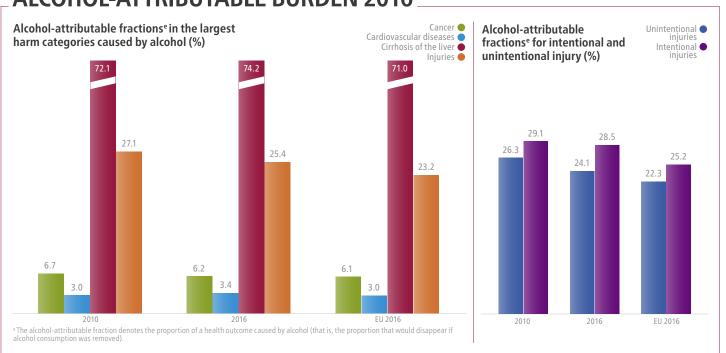
pulation aged (15+) 85% Income group (World Bank) High











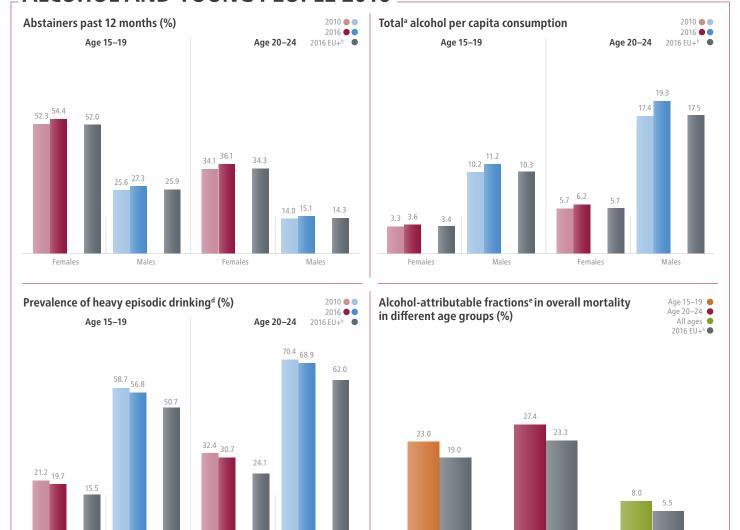
ALCOHOL AND YOUNG PEOPLE 2016

Females

Males

Females

Males



Age 15-19

Age 20-24

All ages









Health warnings

drinks displayed

Consumer information about calories and additives









Legal blood alcohol concentration limit

Sales ban at petrol stations

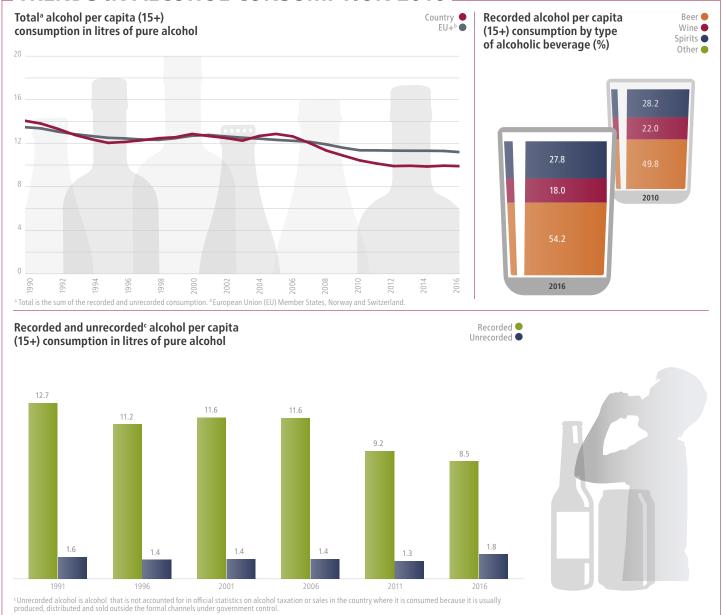
Sobriety checkpoints



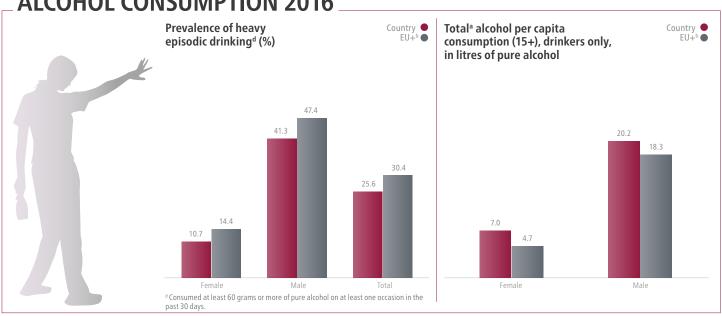


- comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

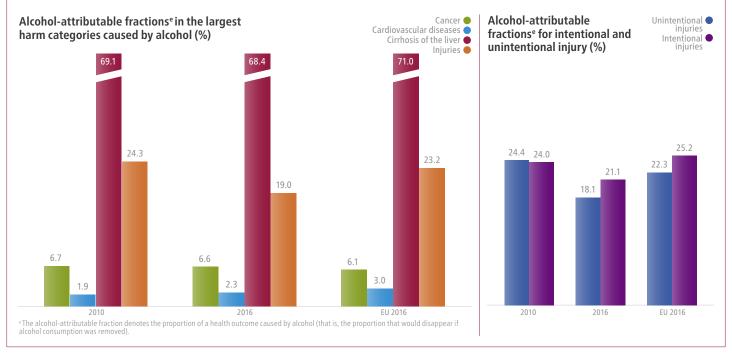


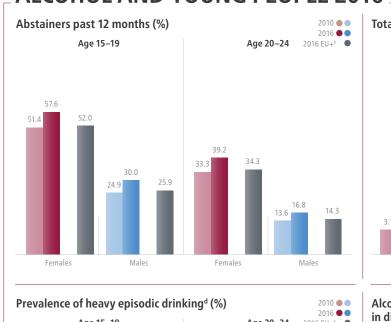


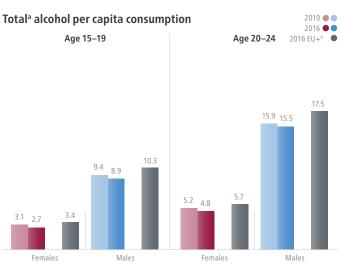


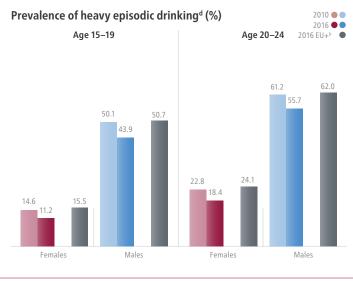


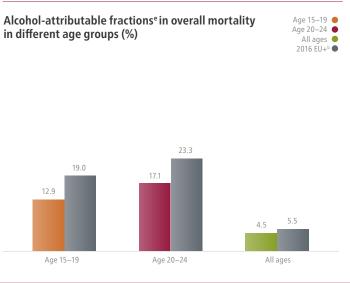








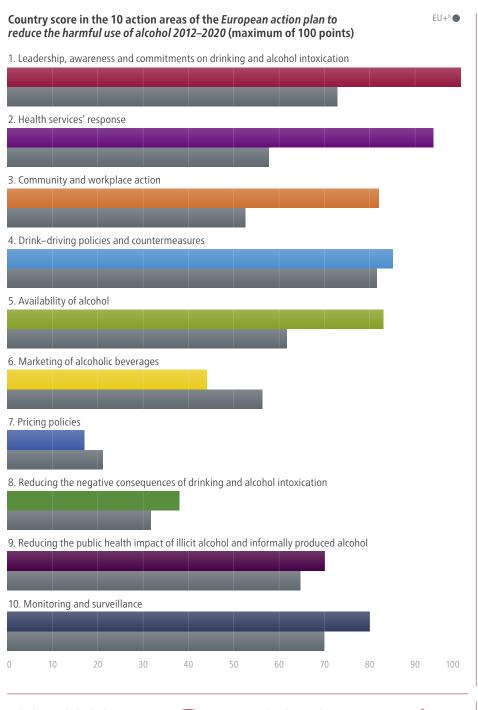




WHO "Best Buys"



ALCOHOL POLICIES 2016



Yes No At the subnational level **AVAILABILITY** Wine Spirits Minimium selling age 18 Retail monopoly Licensing for retail sales Restrictions OFF premise hours Restrictions OFF premise density Restrictions ON premise hours Restrictions ON premise density MARKETING Ban on Internet/social media Ban on below-cost promotion Ban on sponsorship of sports events Ban on sponsorship of youth events **PRICING** Excise tax adjusted for inflation

Labelling of alcoholic beverages on container





Road-safety policies









Sobriety checkpoints

Sales ban at petrol stations



Health warnings

Consumer information about calories and additives

Number of standard drinks displayed





Legal blood alcohol concentration limit





The WHO "Best Buys" to reduce the harmful use of alcohol

Minimum unit pricing Volume discount ban

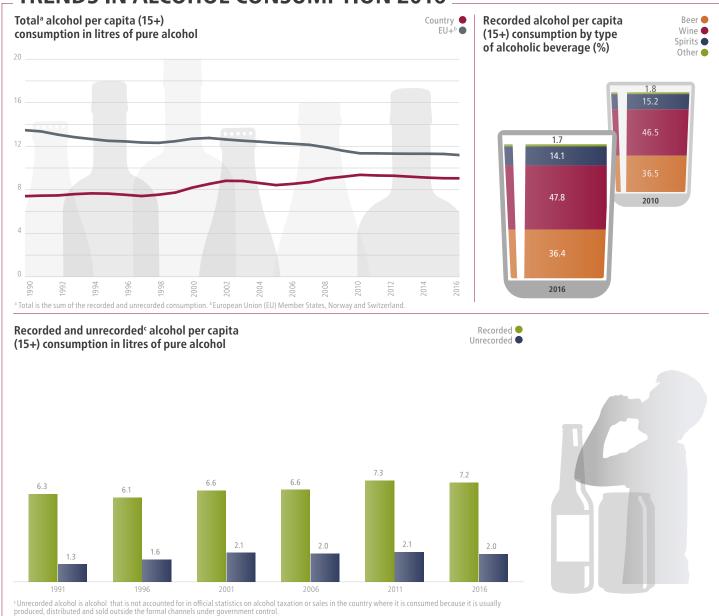
(applies to all beverages) Note: N/A indicates data not available.

- 1 Increase excise taxes on alcoholic beverages
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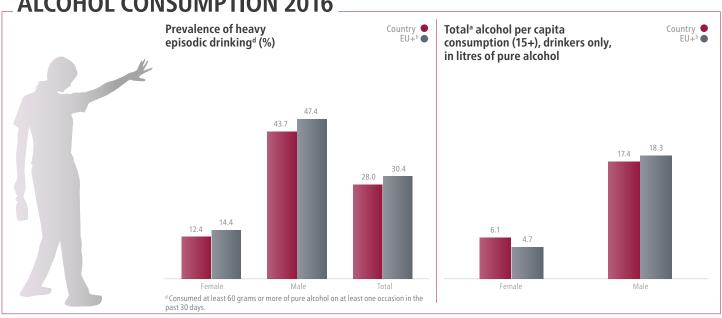


9 851 852

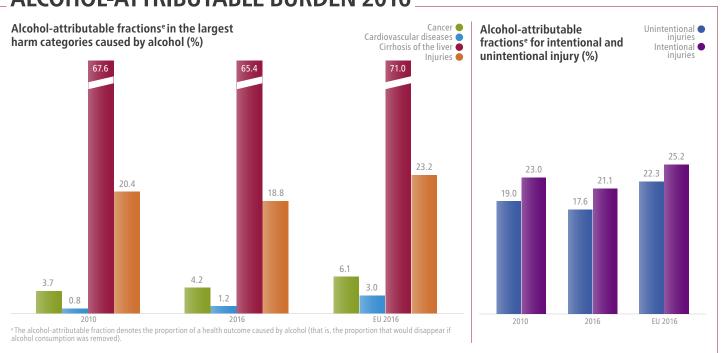
Population aged (15+) 83% e group (World Bank) High

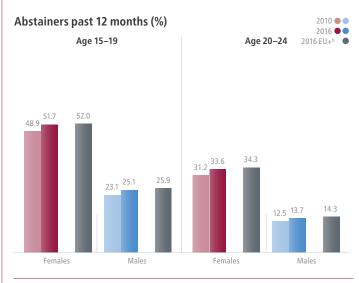


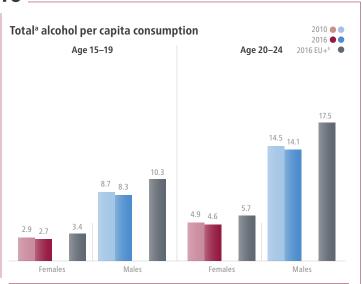


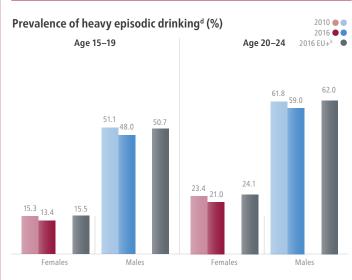


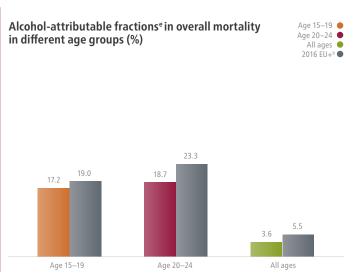


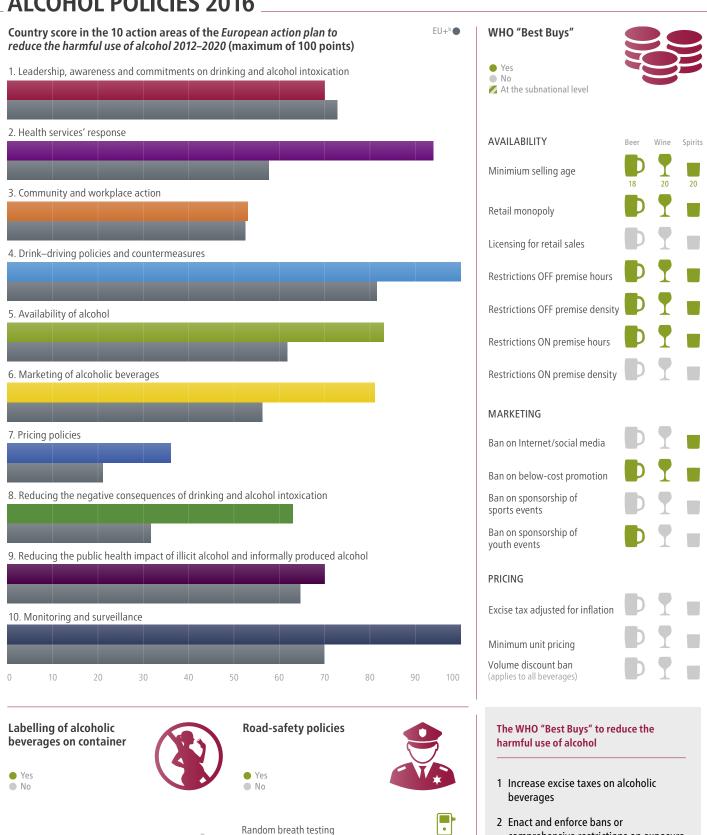




















about calories and additives

Number of standard drinks displayed







Sobriety checkpoints

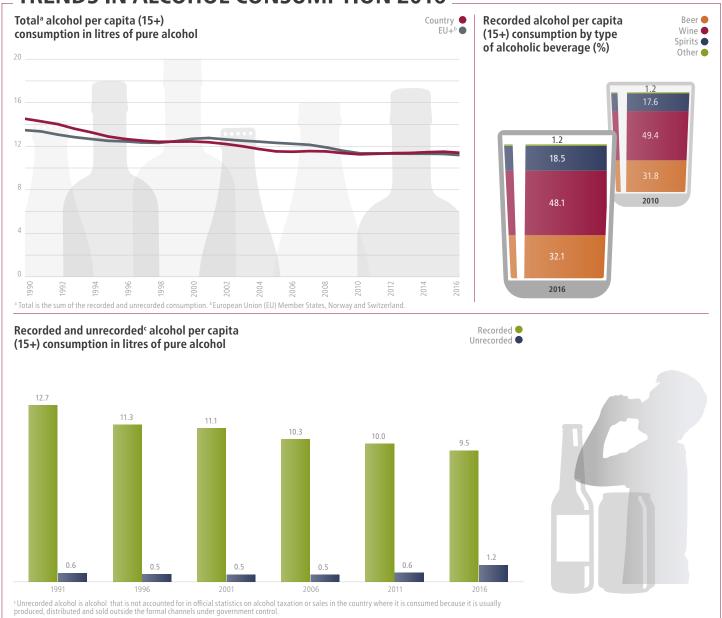
Sales ban at petrol stations



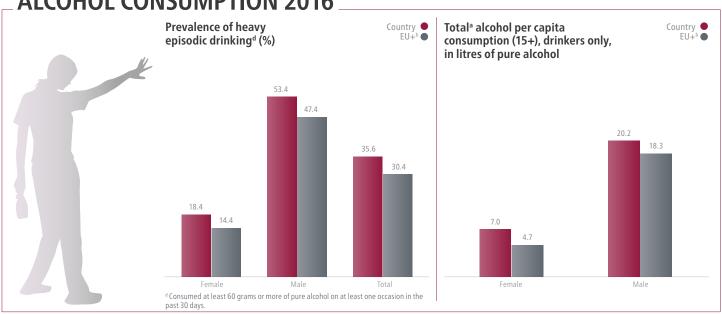




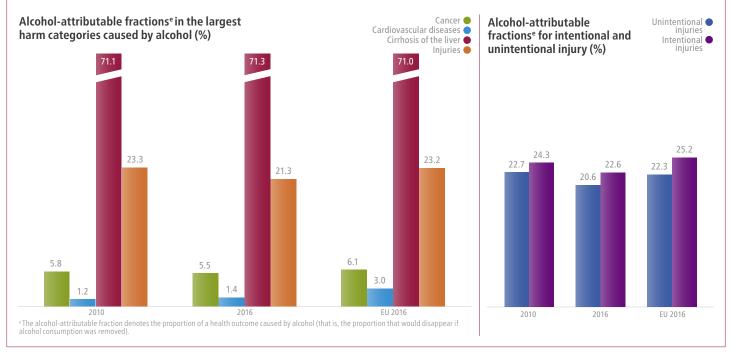
- comprehensive restrictions on exposure to alcohol advertising (across multiple types of media)
- 3 Enact and enforce restrictions on the physical availability of retailed alcohol (via reduced hours of sale)

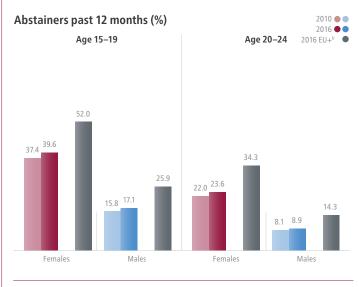


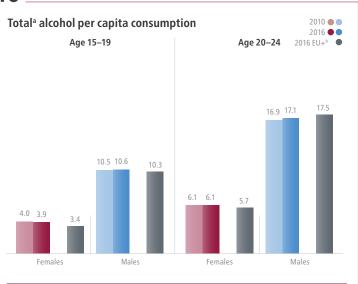


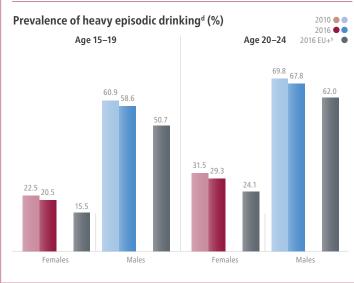


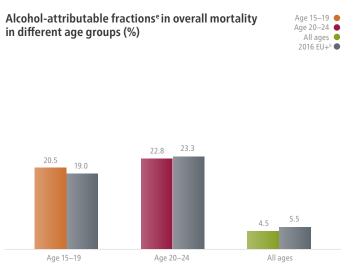












ALCOHOL CONSUMPTION, HARM AND POLICY RESPONSES



3 Enact and enforce restrictions on the

(via reduced hours of sale)

physical availability of retailed alcohol

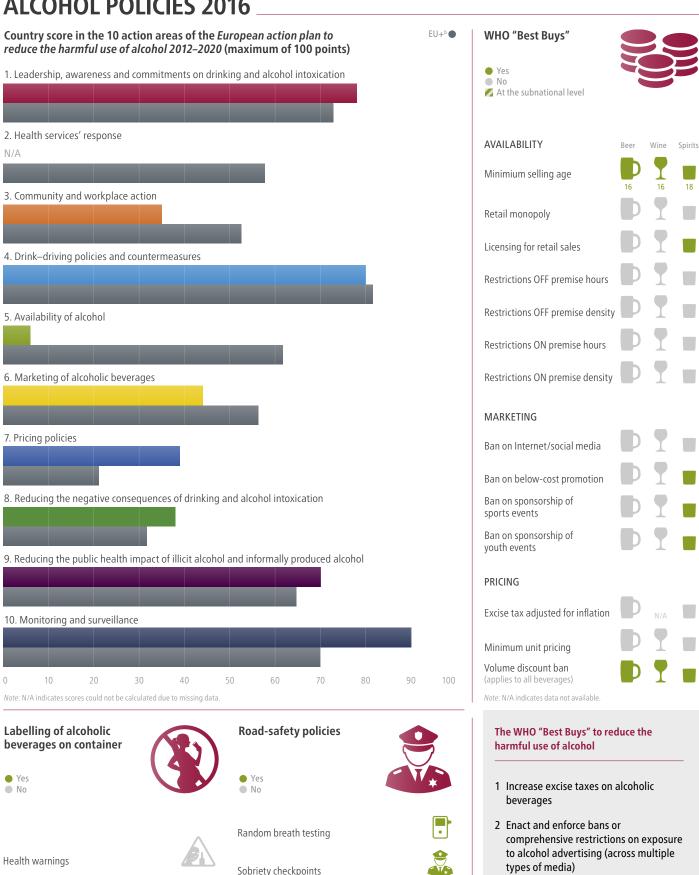
ALCOHOL POLICIES 2016

Consumer information

Number of standard

drinks displayed

about calories and additives



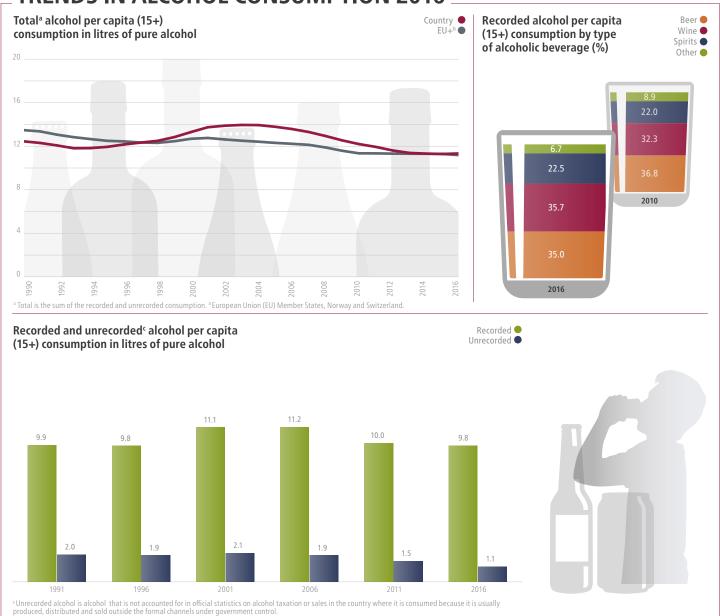
Legal blood alcohol

concentration limit

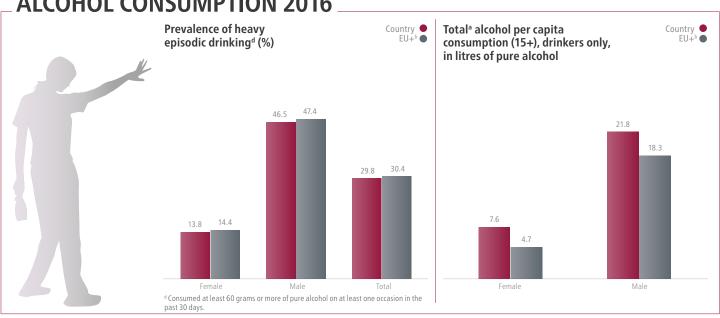
Sales ban at petrol stations

Total population **65 111 143** 84%

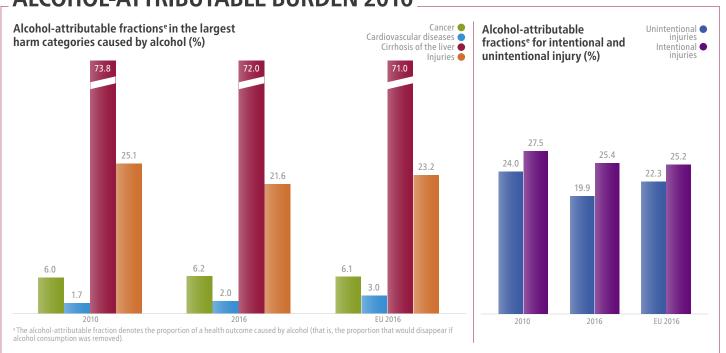
Population aged (15+) 82% Income group (World Bank) High

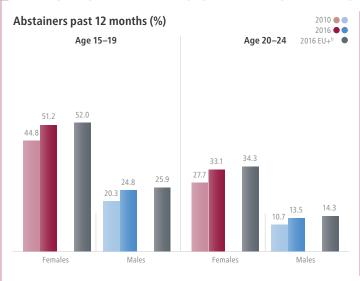


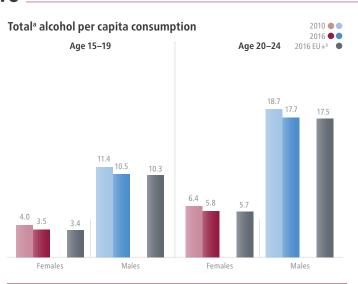


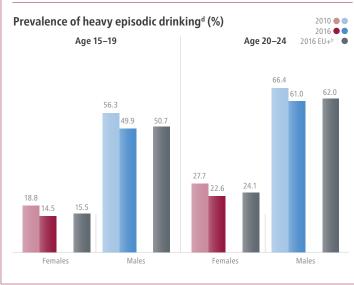


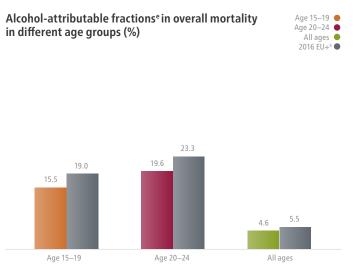












Consumer information

Number of standard

drinks displayed

about calories and additives

ALCOHOL POLICIES 2016



0.08 g/l

Scotland 0.05 g/l

Legal blood alcohol

concentration limit

Sales ban at petrol stations

Spirits

18

3 Enact and enforce restrictions on the

(via reduced hours of sale)

physical availability of retailed alcohol

The WHO Regional Office for Europe

The World Health Organization (WHO) is a specialized agency of the United Nations created in 1948 with the primary responsibility for international health matters and public health. The WHO Regional Office for Europe is one of six regional offices throughout the world, each with its own programme geared to the particular health conditions of the countries it serves.

Member States

Albania

Andorra

Armenia

Austria

Azerbaijan

Belarus

Belgium

Bosnia and Herzegovina

Bulgaria

Croatia

Cyprus

Czechia

Denmark

Estonia

Finland

France

Georgia

Germany

Greece

Hungary

Iceland

Ireland

Israel

Italy

Kazakhstan

Kyrgyzstan

Latvia

Lithuania Luxembourg

Malta

Monaco

Montenegro

Netherlands

Norway

Poland

Portugal

Republic of Moldova

Romania

Russian Federation

San Marino

Serbia

Slovakia

Slovenia Spain

Sweden

Switzerland

Tajikistan The former Yugoslav

Republic of Macedonia

Turkey

Turkmenistan

Ukraine

United Kingdom

Uzbekistan

World Health Organization Regional Office for Europe

UN City, Marmorvej 51, DK-2100 Copenhagen Ø, Denmark Tel: +45 45 33 70 00 Fax: +45 45 33 70 01

Email: eurocontact@who.int Website: www.euro.who.int